

# BELINDA HOWLETT

Workplace Consultant / Health Sector Advisor  
Registered Nurse  
BNursing, Grad Cert. Ophthal. Nursing



## COACHING PROFILE:

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### Coaching Style and Approach:

With a background in nursing and years of experience in dynamic healthcare environments, Belinda brings a practical, hands-on approach to leadership coaching. Having worked directly in high-pressure, people-centred settings, Belinda understands the challenges leaders face and the importance of authentic team interactions.

Drawing from a 25 year nursing career and 4 years consulting with dynamic teams in high stress environments, Belinda combines empathy and a high emotional intelligence with real-world strategies to help leaders develop the skills they need to navigate both personal and team growth. Known for a straightforward, simple coaching style, Belinda provides honest insights and focuses on measurable outcomes, making leadership development not just a theory but a practice.

Clients appreciate Belinda for being genuine, approachable, and results oriented. Whether you're a new manager or an experienced leader, Belinda offers personalised coaching that's rooted in real-life experiences and developed from a deep understanding of human behaviour, that offers insights into how individuals think, act, and make decisions.

If you're looking for a leadership coach who understands both the complexities of people and the need for actionable results, Belinda is your partner to guide you and your teams to greater self-awareness and authentic communication.

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