

Stapler Circumcision Post-Procedure Care

1. Your doctor has used the touchstone stapler technology which offers several benefits including clean & smooth cut; short operating time, minimal bleeding and less oedema.
2. When you are back at home, rest until you have gotten used to having the Staples in place. Avoid excessive activities or erection after surgery
3. In the event that you experience mild pain (including during an erection), especially in the first few days after the circumcision, over-the-counter pain medications such as paracetamol or ibuprofen can be used for pain relief. We generally advise paracetamol 1000 mg plus ibuprofen 400 mg 3 times a day for 5 days. If the pain is excessive, contact our office for further advice
4. Slight bleeding is normal for the cutting edge
5. Keep pressure dressing on for 2 weeks
6. Apply vaseline to wound edges and keep head of penis (glans) covered for 2 weeks
7. In general, staples will fall out usually between 1 and 4 weeks after surgery. This varies according to individual differences. Do not try to remove staples yourself.
8. You may shower after 48hrs but keep the wound dry and apply vaseline. This will promote proper healing
9. If you sweat heavily, be sure to clean and dry your body immediately, to keep the wound from becoming infected, which would delay healing.
10. Do not drink or eat spicy food
11. Abstain from sex or masturbation for 4 weeks following surgery
12. Try not to allow your penis to dangle freely. Tightly fitted briefs are recommended to keep the penis from drooping downward and to reduce the risk of swelling or skin abrasion
13. You may experience slight swelling around the cut edges of the penis. This is normal, so long as it does not cause you too much discomfort. You can apply ice to your penis to reduce swelling
14. A full bladder often triggers erections which can be very painful following an operation. To avoid nocturnal erections, minimize fluid intake after 6pm and urinate before going to bed. You may want to set a time in the middle of the night to urinate. Applying ice or taking a cold shower is often helpful to reduce any nocturnal erections that occur.
15. Complications are rare but may include major bleeding or infection. Please contact doctor (information at bottom of page) if you develop any signs of complications including fever, increased swelling, pain or continuous bleeding