

# 2026 Co-curricular Activities Before & After School

Outdoor Education • Leadership & Service • Sport • Music • STEM • Creative, Spoken & Performing Arts • Trips & Tours



Hills  
Grammar





## Introduction

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**Vision:** Extraordinary Education: Growing Minds, Discovering Passions, Nurturing Character.

Within the context of the School's vision, the Co-curricular Program is uniquely placed to offer a wide range of activities catering for a vast array of student interests, talents and needs. The Program aims to make a significant contribution to the overall development of each student.

The central aim of the Program is to broaden the development and interests of each student through the provision of a wide range of purposeful activities in; SPORT, LEADERSHIP and SERVICE, MUSIC, CREATIVE SPOKEN and PERFORMING ARTS, STEM (Science, Technology, Engineering and Mathematics) and OUTDOOR EDUCATION.

There are many Co-curricular opportunities before and after school, which students may choose to participate in to further their interests, these activities are identified in this booklet.

## Related aims

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- To foster and develop student leadership
- To encourage and develop co-operation, responsibility and teamwork
- To provide opportunities for parents, ex- parents and ex-students to contribute to the School
- To inspire students to strive for excellence in all areas of endeavour
- To provide opportunities for excellence in all areas of endeavour
- To develop a sense of belonging and school spirit
- To establish links with the wider community and develop relations with various groups.
- To provide opportunities for students to achieve success in a wide range of areas
- To further develop pride and a sense of belonging to their school community

## How to Register

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You can register for activities in a number of different ways:

1. **Register Directly via Clipboard Activity Portal** – This online system provides students and families with a personalised portal where you can easily book and/or register your interest in a variety of activities on offer.
2. **Register Directly with School via Email** – use the email address listed for the activity to send an email expressing your interest in this activity.
3. **Entry is by Audition** –no need to register now. Students will receive notification at school when auditions will be held
4. **Register Directly with the provider** – These activities are run by external providers and details of how to register are listed in the Handbook next to the activity. These activities are booked, paid for, and run through these providers and they handle all bookings/enquiries. Please contact them directly.

We are very excited to present the Co-curricular Outside of Hours Program. Take the time to read through the information provided in this Handbook. I encourage all students to make the most of your opportunities at Hills Grammar. If you have any questions please contact us at [hg.co-curricular@hillsgrammar.nsw.edu.au](mailto:hg.co-curricular@hillsgrammar.nsw.edu.au) .

Mr Yass Sidaros  
Director of Co-curricular Programs

**Monday**

Time		Activity	Year	Supervising Teacher/s	Where
7.15am	8.15am	HillsFit (Fitness Centre)	Y6-12	PE Staff	Fitness Centre
7.45am	8.30am	Intermediate String Ensemble	Y5-8	E Chapman	Mu5
1.10pm	1.50pm	Stage Band	Y7-12	I Szanto	Mu5
3.15pm	4.15pm	Ballet	Y1-3	External Instructor	Perf Centre
3.20pm	5.00pm	Young Engineers	Y1-8	Young Engineers	Mallik Centre
3.30pm	4.30pm	Senior Orchestra	Y6-12	O Nelson	Mu3
3.30pm	4.30pm	7/8 Drama Ensemble	Y7-8	M Griffiths	Blue Box Theatre
3.20pm	4.30pm	Athletics Training (Term 2 & 3)	Y3-12	T Jones	Oval
3.30pm		Tennis Coaching	K-12	Max Tennis	Tennis Centre
4.00pm		HZSA Netball Competition	7-12	N Avellino	Kellyville
4.00pm		HZSA Football Competition	Y10-12	Various	Various

**Tuesday**

Time		Activity	Year	Supervising Teacher/s	Where
7.15am	8.15am	HillsFit (Fitness Centre)	Y6-12	PE Staff	Fitness Centre
7.30am	8.30am	HZSA Football Training	Y7-12	Various	Synthetics
7.30am	8.30am	Junior Badminton Training	Y3-Y6	T Jones/ External Coach	MPH
7.45am	8.30am	Dance Ensemble 3-6	Y3-6	L Felsingier	Perf Centre
7.45am	8.30am	Melodymakers	Y3-Y4	S Arnold	Mu3
7.45am	8.30am	Vocal Ensemble	Y7-12	O Nelson	Mu5
1.10pm	1.50pm	HZSA Futsal Training	Y7-12	T Jones	MPH
3.15pm	4.00pm	Tae Kwon Do	K-12	UTF Blackbelt School	Pavilion
3.15pm	4.00pm	Chess Program	K-6	Sydney Academy of Chess	CIC
3.15pm	4.15pm	ARTEA Art classes	K-6	J Carden	Booth Centre
3.20pm	4.30pm	Ballet	Y4-6	External Instructor	Perf Centre
3.20pm	5.00pm	Primary Cricket Coaching	Y3-Y6	Geoff Spotswood Cricket Coaching	Cricket Nets
3.30pm	5.00pm	Senior Drama Ensemble	Y9-11	S A Judd	Blue Box Theatre
3.30pm		Tennis Coaching	K-12	Max Tennis	Tennis Centre
4.00pm		HZSA Futsal Competition	Y7-12	T Jones	Various
4.00pm		HZSA Basketball Competition	Y7	T Jones	Various

**Wednesday**

Time		Activity	Year	Supervising Teacher/s	Where
7.15am	8.15am	HillsFit (Fitness Centre)	Y6-12	PE Staff	Fitness Centre
7.30am	8.30am	HZSA Basketball Training (Semester 1)	Y7-12	Various	MPH
7.30am	8.30am	HZSA Netball Training	Y7-12	N Avellino	Courts
7.30am	8.30am	Run Club	Y3-12	N Good	MPH/Oval
7.30am	8.30am	Star Academy Basketball Skills Clinic	Y3-6	External Coach	Outside Courts
7.30am	8.30am	Table Tennis Program	Y3-6	External Coach	Pavilion
7.45am	8.30am	Dance Ensemble Representative	K-2	L Felsingier	Perf Centre
7.45am	8.30am	Intermediate Band	Y4-Y7	C Menzies	Mu5
7.45am	8.30am	Senior Concert Band	Y7-12	I Szanto	Mu3
1.10pm	1.50pm	Intermediate Guitar Ensemble	Y7-8	M Luciano	Mu5
3.30pm	4.15pm	Songmakers	Y5-6	S Arnold	Mu5
3.15pm	4.15pm	ARTEA Art classes	K-6	J Carden	Booth Centre
3.15pm	3.45pm	K-2 Representative Dance Ensemble	K-2	L Felsingier	Perf Centre
3.30pm	4.30pm	Kano Football Summer Training Program	K-6	Kano Football	Synthetics
3.30pm	5.00pm	Senior Cricket Coaching (From Term 3)	Y7-12	Geoff Spotswood Cricket Coaching	Cricket Nets
3.30pm	4.30pm	Junior School Drama Ensemble	Y5-6	S Gold	Blue Box Theatre
3.30pm	5.00pm	Senior Drama Play	Y7-12	M Griffiths	Drama Rooms
3.30pm		Tennis Coaching	K-12	Max Tennis	Tennis Centre
4.00pm		HZSA Football Competition	Y8-9	Various	Various

**Thursday**

Time		Activity	Year	Supervising Teacher/s	Where
7.15am	8.15am	HillsFit (Fitness Centre)	Y6-12	PE Staff	Fitness Centre
7.30am	8.30am	Senior Badminton Training	Y7-12	T Jones / External Coach	MPH
7.30am	8.30am	Advanced Table Tennis Program	Y3-6	External Coach	Pavilion
7.45am	8.30am	Soulmeisters	Y7-12	O Nelson	Mu1
8.00am	8.30am	Bandemonium	Y4-5	C Menzies	Mu3
8.00am	8.30am	Campanellas	K-2	S Arnold	Mu5
8.00am	8.30am	Flute Ensemble	Y5-12	B Geekie	Mu4
1.00pm	1.40pm	Chamber Guitar Ensemble	Y8-12	I Szanto	Mu1
3.30pm	4.15pm	Musicianship	Y6-10	N Raspopova	Mu1
3.15pm	4.00pm	Tae Kwon Do	K-12	UTF Blackbelt School	Pavilion
3.15pm	5.00pm	Sydney Hills Horse Riding	K-12	External instructor	Sydney Hills HRC
3.30pm	4.30pm	HG Football Club U6/U7 Training and Games	K-2	T Jones	Synthetic Fields
3.30pm		Tennis Coaching	K-12	Max Tennis	Tennis Centre
4.00pm		HZSA Football Competition	Y7	Various	Various
4.00pm		HZSA Basketball Competition	Y8-9	Various	Various
4.45pm		HZSA Basketball Competition	10-12	Various	Various
7.00pm	9.00pm	Volleyball Training Academy (Elite - Girls 15&U)	Y6-10	T Jones/T Leong	MPH
Various		Football Club Training	Y3-12	T Jones	Synthetic Fields

## Friday

Time		Activity	Year	Supervising Teacher/s	Where
7.45am	8.30am	Junior String Ensemble	Y2-6	N Yusufova	Mu3
7.30am	8.30am	Star Academy Basketball Skills Clinic	Y7-12	External Coach	Courts
8.00am	8.30am	Sinfoni	K-3	C Menzies	Mu2
1.10pm	1.50pm	Chamber String Ensemble	Y7-12	E Chapman	Mu2
1.10pm	1.50pm	Junior Guitar Ensemble	Y5-6	M Luciano	Mu3
1.10pm	1.50pm	Electric Guitar Ensemble	Y9-12	M Ling	Mu5
3.20PM	4.30PM	Motiv8 Sports	K-6	Motiv8 Sports	Oval/MPH
3.30pm		Tennis Coaching	K-12	Max Tennis	Tennis Centre
5.00pm	7.00pm	Volleyball Training Academy (Seniors & Beginner)	Y6-12	T Jones/T Leong	MPH
Various		Net Set Go Netball Games	K-4	N Avellino	Kellyville Netball

## Saturday

Time		Activity	Year	Supervising Teacher/s	Where
Various		Football Club Games	K-12	T Jones	Various
Various		Netball Club Games	K-12	N Avellino	Kellyville Netball

### WET WEATHER VENUE CHANGES FOR SPORT ACTIVITIES

If an outdoor activity is cancelled because of rain parents will be notified however if a storm eventuates during a scheduled Co-curricular activity the students may be moved to a sheltered area.





## Creative, Spoken and Performing Arts

Hills Grammar seeks to nurture the creative talent of each student. In achieving this goal, a range of expertly designed programs and activities are available, and students are strongly encouraged to pursue at least one area in the Creative, Spoken and Performing Arts program. These opportunities are organized broadly under the categories of Drama, Art, Debating and Public Speaking. The delivery of each program seeks to maximize the creative potential of participants through group as well as individualized instruction. Students are able to select specific areas of interest, with programs expanding the creative horizons of participants. These selections can be made through the Co-curricular Connect period on Thursdays or they can be part of this Co-curricular Out of School Hours Handbook.

Hills Grammar has always been strong in the area of Creative, Spoken and Performing Arts, with many students going on to establish careers in these fields. We believe as part of a holistic education students are need to develop the capacity to be creative and these Co-curricular activities always prove popular with students.

## ART

### ARTEA Art Classes

K | 1 | 2 | 3 | 4 | 5 | 6

#### Register via Clipboard Activity Portal

Our new After School Art Classes provide Junior School students with a welcoming space to explore their creativity and develop core artmaking skills. Through guided, hands-on activities, children will experiment with a range of materials and techniques while building confidence in their artistic abilities. These sessions are designed to be fun, engaging, and supportive, encouraging each student to express themselves and discover the joy of creating.

Day	Time	Location	Teacher	Cost
K-6 Tuesday	After School 3.15-4.15pm	Art Rooms	J Carden	Term 1 - \$232 Term 2 - \$261 Term 3 - \$261
K-6 Wednesday	After School 3.15-4.15pm	Art Rooms	J Carden	Term 4 - \$203

*Please note: Art Classes are billed to the Family Account at the end of each Term. Students may trial the class for the first two weeks. Attendance beyond this point confirms their enrolment, and the full term fee will be charged regardless of absences. If your child chooses to withdraw, please notify us in writing at [hq.co-curricular@hillsgrammar.nsw.edu.au](mailto:hq.co-curricular@hillsgrammar.nsw.edu.au), fees will then apply only up to the date of your written notice.*

## BALLET

### Ballet Classes

1 | 2 | 3 | 4 | 5 | 6

#### Register via Clipboard Activity Portal

##### Years 1–3 Ballet

Students will enjoy an introduction to classical ballet through warm-ups, stretches, and simple foundational steps. They will learn the five positions, develop gross motor skills, explore rhythm, and express themselves through creative movement. Students will also have opportunities to perform at school events.

##### Years 4–6 Ballet

Open to all experience levels, these classes build ballet technique through structured warm-ups and skill-building exercises. Instruction is differentiated to support each student's progress. Students will also have opportunities to perform at school events.

Day	Time	Location	Teacher	Cost	Uniform
1-3 Monday	After school 3.15pm-4.15pm	RJ Phipps Performance Centre	M Whittingham	\$15 per session	TBA
4-6 Tuesday	After school 3.20pm-4.30pm	RJ Phipps Performance Centre	M Whittingham	\$15 per session	TBA

*Please note: Ballet Classes are billed to the Family Account at the end of each Term. Students may trial the class for the first two weeks. Attendance beyond this point confirms their enrolment, and the full term fee will be charged regardless of absences. If your child chooses to withdraw, please notify us in writing at [hq.co-curricular@hillsgrammar.nsw.edu.au](mailto:hq.co-curricular@hillsgrammar.nsw.edu.au), fees will then apply only up to the date of your written notice.*

## CHESS

### Chess Classes

K | 1 | 2 | 3 | 4 | 5 | 6

Register directly with Sydney Academy of Chess: [Sydney Academy of Chess Registration & Payment](#)

Sydney Academy of Chess is the biggest chess-coaching firm in NSW, coaching thousands of school children around Sydney every week. Registration for Chess Club is required to be done via their website (above). Please note spots are limited.

Day	Time	Location	Teacher	Cost
Tuesday	After School 3.15-4.00pm	Junior School Library (CIC)	External Provider – Sydney Academy of Chess	Detailed on website

*Please note that all communications regarding Chess Classes (including cancellations / billing etc) will be handled by Sydney Chess Academy.*

## DANCE

### Dance Ensemble | 3-6

3 | 4 | 5 | 6

Register via Clipboard Activity Portal

The 3-6 Dance Ensemble will begin Week 2 of Term 1 2026 7.45-8.30am. This group will represent Hills Grammar at school events throughout the year. They will be taught a routine to represent at competitions and school events.

Consistent attendance throughout the year is expected and essential to help students make steady progress and adapt to routines with ease.

Day	Time	Location	Teacher	Cost
Tuesday	Before School 7.45-8.30am	RJ Phipps Performance Centre	Lee Felsinger	Uniform requirement (TBA)

### Dance Ensemble | K-2 Representative

K | 1 | 2

Register for auditions via Clipboard Activity Portal

The K-2 Representative Dance Ensemble will represent the school at dance competitions and school events throughout the year. **Auditions for this group will take place on Wednesday Week 2 (4<sup>th</sup> of February) from 3.15pm-4.00pm.**

Consistent attendance throughout the year is expected and essential to help students make steady progress and adapt to routines with ease.

Day	Time	Location	Teacher	Cost
Wednesday	After School 3.15pm-3.45pm	RJ Phipps Performance Centre	Lee Felsinger	Uniform requirement (TBA)

## DRAMA

### Junior School Drama Ensemble

5 | 6

Register expression of interest via [Clipboard Activity Portal](#)

Entry for this ensemble is via audition. Details of the audition time will be notified.

Day	Time	Location	Teacher
Wednesday	After School 3.30-4.30pm	Hills Grammar Blue Box Theatre	S.Gold

### Year 7/8 Drama Ensemble

7 | 8

Register expression of interest via [Clipboard Activity Portal](#)

Entry for this ensemble is via audition. Details of the audition time will be notified.

Day	Time	Location	Teacher
Monday	After School 3.30-4.30pm	Hills Grammar Blue Box Theatre	M Griffiths

### Senior Drama Ensemble

9 | 10 | 11 | 12

Register expression of interest via [Clipboard Activity Portal](#)

Entry for this ensemble is via audition. Details of the audition time will be notified.

Day	Time	Location	Teacher
Tuesday	After School 3.30-5.00pm	Hills Grammar Blue Box Theatre	M Griffiths

### Senior Drama Play

7 | 8 | 9 | 10 | 11 | 12

Register expression of interest via [Clipboard Activity Portal](#)

Entry for this ensemble is via audition. Details of the audition time will be notified.

Day	Time	Location	Teacher
Wednesday	After School 3.30-5.00pm	Hills Grammar Drama Rooms	M Griffiths

**Register expression of interest via Clipboard Activity Portal**

Students will learn all aspects of the technical skills required with live theatre productions. Students receive instructions on how to use the lighting and sound systems, design and build sets. They are given an opportunity to develop these skills working on the various performances during the year.

<b>Day</b>	<b>Time</b>	<b>Location</b>	<b>Teacher</b>
Monday – Friday as required	Lunchtime training & After School Performances	Blue Box Theatre	M Griffiths

**SPOKEN ARTS**

**Register expression of interest via Clipboard Activity Portal**

HG Voices coordinates all competitive spoken arts activities in Secondary School. This includes competitive debating, public speaking, Model United Nations, Ethics Olympiad and other exciting opportunities.

Students wishing to participate in HG Voices competitions can register their interest through the Clipboard Activity Portal and will be contacted with date and time for the trials. There is no pre-requisite participation in the Thursday Co-curricular program for these competitions.

<b>Day</b>	<b>Time</b>	<b>Location</b>	<b>Teacher</b>
TBA	After school training and Competitions	English rooms	S Alderson / M van Bever Donker / TJ Gerszewski

**IPSHA Debating**

The IPSHA Debating competition aims to provide students with the opportunity to develop and practice their debating skills in a supportive environment. The IPSHA Debating Competition begins in Term 2 and continues in Term 3. All debates are held during school hours on Friday afternoons

Students interested in Debating can select it as their Thursday Co-curricular option at the beginning of Term 1. A selection process from these interested students will then take place to finalise the Debating team. Our aim is to ensure a diverse and talented team that represents the school with pride. Students selected for the Debating Team will then engage in after school training sessions that will take place one afternoon a week, providing dedicated time for skill development, practice debates and team bonding.

<b>Day</b>	<b>Time</b>	<b>Location</b>	<b>Teachers</b>
TBA	3.30pm-4.30pm	Year 5 classrooms	K Mills



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## Leadership and Service

Leadership is an important and fundamental facet of every student's education at Hills Grammar. The Leadership program has a cohesive approach to student leadership development encompassing mentoring, enrichment programs and activities to enhance the student leadership development.

Hills Grammar believes that every student should graduate with the belief, skills and tools to make a difference to their world. A leader is more than someone with a badge, title or position of authority rather it is a person with the dedication and courage to speak up and take action on issues that affect our community.

The Leadership program at Hills Grammar ensures every student has the opportunity to enhance their skills and participate in powerful and meaningful leadership experiences.

The Duke of Edinburgh Award is a student-driven program that thrives on individual enthusiasm, initiative, and commitment. While participants take responsibility for planning and organising the activities required to complete each component of the Award, a dedicated staff member is available to guide, support, and monitor their progress throughout the journey.

Further information regarding the Duke of Edinburgh Award can be found here <https://dukeofed.com.au/about-the-award/the-award/>

Year 9 students and their parents will receive an email in early Term 1 that will outline the registration process and all relevant details. Students in Years 10-12 who are interested in registering are encouraged to contact our Duke of Edinburgh Coordinator, Mrs Carol Cox at [Carol.Cox@hillsgrammar.nsw.edu.au](mailto:Carol.Cox@hillsgrammar.nsw.edu.au)

### Junior Student Representative Council (SRC)

**Classroom teachers will advise when elections will take place and as such, this activity is unavailable for selection.**

The Junior Representative Council is an elected group from Years 1 to 6, who represent the voice of the students. They meet weekly to discuss issues affecting students and solutions to these issues. The role of the SRC is to organise events which promote a positive school environment. The SRC is elected by the students during the first few weeks of school each year.

Day	Time	Location	Teacher
TBA	Lunchtime 1.10-1.50pm	Classroom TBC	TBC

### Senior Student Representative Council (SRC)

**Teachers will advise when elections will take place and as such, this activity is unavailable for selection.**

The Senior Representative Council is an elected group from Years 7 to 12, who represent the voice of the students. They meet weekly to discuss issues affecting students and solutions to these issues. The role of the SRC is to organise events which promote a positive school environment. The SRC is elected by the students during the first few weeks of school each year.

Day	Time	Location	Teacher
TBA	Lunchtime 1.10-1.50pm	Classroom TBC	TBC



## Music

### From the Head of Music

Our Music Department offers an exciting range of Co-curricular ensembles for instrumentalists and vocalists from Kindergarten through to Year 12. Whether you're a seasoned performer or just starting your musical journey, there's a place for everyone.

At the start of each year, we help new students find the ensemble that best suits their age and experience. Some groups may involve an audition process to ensure the right fit. Details about these opportunities are shared through School Assembly announcements and the weekly Bulletin on SEQTA Engage, as well as the Hills Grammar Co-Curricular portal, Clipboard.

Performance is at the heart of what we do. Throughout the year, students can showcase their talents in Junior School Lunchtime Concerts, Senior School Performance Evenings, Assemblies, social events, and major highlights such as the Annual Music Showcase, Music Ensembles Evening, and Annual Presentation of Awards. Senior students also have the chance to shine in our collaborative Music Theatre productions—recent shows include *Grease* (2025), *Freaky Friday* (2024), *The Wiz* (2023), and *The Addams Family* (2018). Our next production is already in the works for 2026!

Beyond school, Hills Grammar musicians are encouraged to audition for prestigious events like the HICES Music Festival (Years 5–8) and Jazz Academy, and World Music Academy (Years 7–12), held biennially. Junior musicians also participate in the IPSHA Performing Arts Festival, with performances at iconic venues such as Sydney Town Hall.

We believe music should provide meaningful opportunities for learning, growth, and enjoyment. By joining our program, students will have opportunities to grow their skills and share their passion. For more details—including private tuition and external programs—please contact the Music Department at 9654 5159 or [music@hillsgrammar.nsw.edu.au](mailto:music@hillsgrammar.nsw.edu.au).

Mr Owen Nelson  
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[Owen.Nelson@hillsgrammar.nsw.edu.au](mailto:Owen.Nelson@hillsgrammar.nsw.edu.au)

Mr James Denton  
Music Assistant (Tues, Wed, Thurs & Fri during term time)  
Ph: 9654 5159  
[music@hillsgrammar.nsw.edu.au](mailto:music@hillsgrammar.nsw.edu.au)

## Choirs and Vocal Ensembles

### Campanellas

K | 1 | 2

#### Register via Clipboard Activity Portal

This choir for students in Kindergarten to Year 2 rehearses once per week before school. Students in Year 1 and 2 can join immediately while students in Kindergarten are invited to join from Term 2. Campanellas is the Italian word for 'little bells', which perfectly describes the sound of their rehearsals and performances.

Day	Time	Location	Teacher
Thursday	Before School 8.00-8.30am	Mu5 Music Room	S Arnold

### Melodymakers

3 | 4

#### Register via Clipboard Activity Portal

All students in Year 3 and 4 are invited to join this choir. Students will have the opportunity to perform at the annual Music Showcase in Term 2 and Ensembles Evening in Term 4. New members are always welcome.

Day	Time	Location	Teacher
Tuesday	Before School 7.45-8.30am	Mu3 Music Room	S Arnold

### Songmakers

5 | 6

#### Register via Clipboard Activity Portal

Songmakers is a choir for students in Years 5 and 6 that performs for special events such as Music Showcase and Presentation of Awards. The choir also performs at school assemblies and the Ensembles Concert in Term 4.

Day	Time	Location	Teacher
Wednesday	After School 3.30-4.15pm	Mu5 Music Room	S Arnold

### Soulmeisters

8 | 9 | 10 | 11 | 12

#### Register via Clipboard Activity Portal

Soulmeisters is a male-voice choir for students in Years 7 to 12. Soulmeisters performs at Music Showcase, as well as other major School events and assemblies, often in combination with the Vocal Ensemble.

Day	Time	Location	Teacher
Thursday	Before School 7.45am–8.30am	Mu1 Music Room	O Nelson

**Register via Clipboard Activity Portal**

The Vocal Ensemble is a choir for sopranos, trebles and altos that performs contemporary and popular music at a variety of school events. Solo opportunities are provided within the group for students wishing to extend their performance opportunities. The Vocal Ensemble often combines with the Soulmeisters for school events.

Day	Time	Location	Teacher
Tuesday	Before School 7.45-8.30am	Mu5 Music Room	O Nelson

**Instrumental Ensembles****Bandemonium**

4 | 5

**Register via Clipboard Activity Portal**

Bandemonium is a beginner band designed for students who are learning an instrument as part of the Year 4 Brass and Woodwind program. Students playing a band instrument in Year 3, or continuing their instrument from the Year 5 program, are also invited to join this ensemble at the recommendation of their tutor.

Day	Time	Location	Teacher
Thursday	Before School 8.00-8.30am	Mu3 Music Room	C Menzies

**Intermediate Band**

4 | 5 | 6 | 7

**Register via Clipboard Activity Portal**

The Intermediate Band is an ensemble for wind, brass and percussion players in Year 4 and above who are learning an instrument on a regular basis. The Intermediate Band performs at the Music Showcase and the Ensembles Evening in Term 4. New members are always welcome.

Day	Time	Location	Teacher
Wednesday	Before School 7.45-8.30am	Mu5 Music Room	C Menzies

**ECEC and Kindy Violin**

EC | K

**Register via Clipboard Activity Portal**

Students in ECEC and Kindy are warmly invited to join this group for violin lessons in Terms 2 and 3. A parent is required to attend each session to assist in the learning experience. Details about Kindy Violin will be shared through the school bulletin in Term 1. After completing the program, students can continue their musical journey with private lessons. Please note that fees apply for this activity.

**Register via Clipboard Activity Portal**

Sinfoni is a fun beginner group for students from Kindergarten to Year 3 taking private tuition on violin, viola or cello. Students learning the viola or cello in the Year 3 viola, cello and double bass program are also welcome. The ensemble performs at school concerts and informal performance opportunities during the year. A minimum of 6 months of private tuition, or the recommendation of their tutor, is required before joining this ensemble.

Day	Time	Location	Teacher
Friday	Before School 8.00-8.30am	Mu2 Music Room	C Menzies

**Junior String Ensemble****Register via Clipboard Activity Portal**

This group of violin, viola, and cello players consists of students learning in the private tuition program or taking lessons outside of school. The Junior String Ensemble performs at Music Showcase as well as other school events throughout the year.

Day	Time	Location	Teacher
Friday	Before School 7.45-8.30am	Mu3 Music Room	N Yusufova

**Intermediate String Ensemble****Register via Clipboard Activity Portal**

This ensemble consists of violins, violas, cellos, and double bass players. Students in this ensemble should be developing competency in their chosen instrument. The Ensemble performs at Music Showcase, as well as the Ensembles Evening in Term 4.

Day	Time	Location	Teacher
Monday	Before School 7.45-8.30am	Mu3 Music Room	E Chapman

**Chamber String Ensemble****Register via Clipboard Activity Portal**

Violin, viola, cello, and double bass players are warmly encouraged to join our Chamber Strings ensemble through recommendation or audition. This group values dedication and teamwork, offering an exciting opportunity to perform at the annual Music Showcase and represent our school at local events and special functions.

Day	Time	Location	Teacher
Friday	Lunchtime 1.10-1.50pm	Mu2 Music Room	E Chapman

## Flute Ensemble

5 | 6 | 7 | 8 | 9 | 10 | 11 | 12

### Register via Clipboard Activity Portal

Students involved in the Flute ensemble will have already been having individual lessons and are of a good standard. This ensemble performs at a number of school and community events.

Day	Time	Location	Teacher
Thursday	Before School 8.00-8.30am	Mu4 Music Rooms	B Geekie

## Junior Guitar Ensemble

5 | 6

### Register via Clipboard Activity Portal

This group of guitar players consists of students taking individual lessons up to Year 6. The ensemble performs at the annual Music Showcase and also at other events throughout the year.

Day	Time	Location	Teacher
Friday	Lunchtime 1.10-1.50pm	Mu3 Music Room	M Luciano

## Intermediate Guitar Ensemble

7 | 8

### Register via Clipboard Activity Portal

Students with previous guitar experience are invited to join this ensemble. It is expected that students would be taking individual guitar lessons either at school or externally. Students are offered the opportunity to play acoustic and/or electric guitar in this ensemble.

Day	Time	Location	Teacher
Wednesday	Lunchtime 1.10-1.50pm	Mu5 Music Room	M Luciano

## Electric Guitar Ensemble

9 | 10 | 11 | 12

### Register via Clipboard Activity Portal

Students with previous guitar experience are invited to join this ensemble. Entry is by recommendation or audition. Performances include the annual Music Showcase, as well as other opportunities available at school and community events. It is expected that students would be taking individual guitar lessons either at school or externally.

Day	Time	Location	Teacher
Friday	Lunchtime 1.10-1.50pm	Mu5 Music Room	M Ling

## Chamber Guitar Ensemble

8 | 9 | 10 | 11 | 12

### Register via Clipboard Activity Portal

Students with previous acoustic guitar experience are invited to join this ensemble. Entry is by recommendation or audition. It is expected that students would be taking individual acoustic guitar lessons either at school or externally.

Day	Time	Location	Teacher
Thursday	Lunchtime 1:00-1:40pm	Mu1 Music Room	I Szanto

## Junior Percussion Ensemble

4 | 5 | 6

### Register via Clipboard Activity Portal

This ensemble consists of students interested in extending their skills in percussion. Preferably, students are also learning an instrument of their choice. The ensemble performs at the annual Music Showcase and Ensembles Evening in Term 4.

Day	Time	Location	Teacher
Thursday/Friday TBC	Lunchtime 1.10-1.50pm	Mu3 Music Room	E Carter

## Percussion Ensemble

7 | 8 | 9 | 10 | 11 | 12

### Register via Clipboard Activity Portal

This ensemble consists of students with previous percussion playing experience. It is expected that students would be taking individual lessons on an instrument of their choice. The ensemble performs at the Music Showcase and other school events.

Day	Time	Location	Teacher
TBC	Lunchtime 1.10-1.50pm	Mu3 Music Room	E Carter

## Senior Concert Band

7 | 8 | 9 | 10 | 11 | 12

### Register via Clipboard Activity Portal

Students in this ensemble bring a variety of experience and receive individual lessons on their chosen instrument. The Senior Concert Band tackles challenging repertoire, performing at school events and assemblies each year. Most members join after progressing from the Intermediate Band, based on their ability and growth. This is a fantastic opportunity to make music at a high level while being part of a supportive and dynamic group!

Day	Time	Location	Teacher
Wednesday	Before School 7.45-8.30am	Mu3 Music Room	I Szanto

**Register via Clipboard Activity Portal**

This ensemble is for experienced musicians that demonstrate a high level of commitment and musicianship. The Orchestra performs primarily at the Music Showcase and Annual Presentation of Awards. Musicians in this ensemble are involved in other musical activities throughout the year. Previous ensemble experience is required.

Day	Time	Location	Teacher
Monday	After School 3:30-4:30pm	Mu3 Music Room	O Nelson

**Stage Band****Register via Clipboard Activity Portal**

The Stage Band is an auditioned group of musicians that perform challenging repertoire in a range of jazz styles. Performers in the Stage Band are committed members of numerous music ensembles, and feature prominently in public events both inside and outside of the school community. Opportunities for improvisation and solo work are catered for in this ensemble. Rehearsals are held weekly, although the band may require extra rehearsal commitment as the need arises.

Day	Time	Location	Teacher
Monday	Lunch 1.10-1.50pm	Mu5 Music Room	I Szanto

**Musicianship****Register via Clipboard Activity Portal**

Students wishing to undertake AMEB Musicianship, Theory and Music Craft examinations are able to take part in these classes in the music department after school. Charges apply for this activity.

Day	Time	Location	Teacher
Thursday	After School 3.30-4.15pm	Mu1 Music Room	N Raspopova

## MUSICAL THEATRE

### Senior School Musical

8 | 9 | 10 | 11 | 12

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The Senior School Musical provides an opportunity for actors, singers, dancers, and orchestra to take part in a musical theatre production of a high standard.

Students interested in gaining experience in musical theatre are welcome to join the stage crew for our 2026 production, *The 25th Annual Putnam County Spelling Bee*. While the cast has already been finalised, being part of the crew is a great way to learn new skills, contribute to a successful show, and enjoy the excitement of live performance behind the scenes.

Current cast members will be rehearsing each week during Term 1 for evening performances held in March. Cast will be utilizing the Co-curricular period each Thursday as part fulfillment of their commitment to the production in addition to extra weekly rehearsals on Monday, Thursday and Friday afternoons during Term 1. Stage crew will not be required for Thursday Co-curricular periods, only for specific afternoon rehearsals closer to the performance week.

All cast members must commit to the full rehearsal schedule prior to being enrolled in this activity.

Information regarding participation in future productions as cast members will be made available during Term 3 of 2026.

## MUSIC CAMPS/FESTIVAL

### Junior Music Day

3 | 4 | 5 | 6

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The Junior Music Day is held in Term 2 each year (subject to confirmation). Students involved in a select group of music ensembles are invited to attend. This day of rehearsals and workshops provides ensembles with an opportunity to rehearse for upcoming performances including the Music Showcase.

### HICES Music Festival & Jazz Academy

5 | 6 | 7 | 8 | 9 | 10 | 11 | 12

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#### Register via Clipboard Activity Portal

HICES Music Festival is a combined schools event organised by the Heads of Independent Co-Educational Schools. The Festival is held at The Tops Conference Centre and Sydney Town Hall. Students involved in the Festival are placed into an instrumental or choral ensemble and rehearse for the Festival Concert, held on a Wednesday evening in August at the Sydney Town Hall. The Festival program runs on a biennial basis, with the Years 5-8 Festival and Jazz Academy in one year, followed by the Years 7-12 and World Music Academy in the following year. The next HICES Music Years 5-8 Festival and Jazz Academy will be held in August of 2026.

## PRIVATE MUSIC TUITION

### Individual Lessons

[K](#) | [1](#) | [2](#) | [3](#) | [4](#) | [5](#) | [6](#) | [7](#) | [8](#) | [9](#) | [10](#) | [11](#) | [12](#)

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#### Register via Clipboard Activity Portal

Hills Grammar offers lessons for students in the following areas:

- Strings: Violin, Viola, Cello and Double Bass
- Woodwind: Flute, Clarinet, Oboe and Saxophone
- Brass: Trumpet, Trombone and Euphonium/Baritone
- Percussion: Drums and Mallet Percussion
- Piano
- Voice
- Musicianship (see above)
- Guitar

Lessons are generally 30 minutes in duration and are held during normal timetabled school days. Lesson times are scheduled on a rotational basis during school hours for all students in Years One to Ten. Fixed lesson times are strictly allocated to students in Kindergarten, Year Eleven and Year Twelve upon request.

Private Music tuition fees for 2026 are \$56.50 per lesson and are billed to your School Account. Students currently enrolled in Private Music Tuition will be re-enrolled each term unless notification has been received prior to the end of term.

All students will be issued with a Music Lesson Record Book that will be replaced when needed. The charge of \$8.80 per book will be added to the school account accordingly.



## STEM

There is a growing focus on the need to develop skills within the STEM areas (Science, Technology, Engineering and Mathematics) to meet the demands of a changing world. Businesses and industry are already experiencing shortages in STEM workers – the workers who know how to tackle the tough problems facing the 21st Century. We need people who can solve problems in areas such as energy, clean water, health and medicine, environmental issues, extreme poverty, and technology risks.

The STEM program aims to complement the Academic Program by providing a range of activities to develop skills in STEM areas and opportunities for students to apply these skills to real world projects and problems. In developing knowledge and skills in STEM related disciplines, the program also focuses on problem solving, communication, collaboration and perseverance. Similarly, the development of an appreciation of STEM futures and opportunities is an important objective of the program.

We look forward to providing students with the tools they need to succeed in STEM.

**Please register via the Clipboard Activity Portal**

The da Vinci Decathlon is an academic competition designed to challenge and stimulate the minds of school students. Students compete in teams of eight across 10 disciplines: engineering, mathematics, code breaking, art and poetry, science, English, ideation, creative producers, cartography and legacy. Pre-trial assessments will take place before school in Week 2 of Term 1. Students who are then selected must commit to before school training in preparation for the da Vinci Decathlon which will be held at Knox Grammar in May 2026.

	Day	Time	Location	Teacher
Y5-Y6	TBA	7.30am -8.30am	TBA	D Lough
Y7-Y11	TBA	7.30am -8.30am	TBA	S Hudson

**Young Engineers**

Register directly with Young Engineers -

Years 1-6 [www.trybooking.com/DHUBQ](http://www.trybooking.com/DHUBQ)

Years 7-8 [www.trybooking.com/DHUBS](http://www.trybooking.com/DHUBS)

Young Engineers provides practical application of STEM. We aim to ignite students’ passion for Science, Technology, Engineering and Mathematics through hands-on workshops. Weekly sessions demonstrate scientific and coding concepts using Lego prototypes. The program is split into three groups:

**Build Up – Y1, Y2** The Build Up Program is designed for little children where they start from learning the basics of building Lego Models including improving them and end up building models independently with a friend and enjoying group games. **Please note that Kindergarten students will have the opportunity to enrol for this program from Term 3 onwards.**

**Engineering & Robotics – Y3 - Y6** The Engineering & Robotics Program provides theoretical knowledge in software and mechanical engineering combined with mathematics and physics applied to real life models.

**Advanced Mechatronics – Y7 - Y8** Students will combine hardware, Lego compatible building, scratch-based blocks and coding to create a prototype. It covers the algorithmic and logical aspects of coding to a greater depth. The projects are designed to encourage students to invent other viable solutions to these real-world issues and explore ways to utilize existing technology.

	Day	Time	Location	Teacher	Cost
Y1 & Y2 Build Up	Monday	3.30-5.00pm			
Y3-Y6 Engineering & Robotics	Monday	3.30-5.00pm	Hills Grammar Classrooms	External Provider Young Engineers	Detailed on website
Y7-8 Advanced Mechatronics	Monday	3.30-5.00pm			

*Please note that all communications regarding Young Engineers (including cancellations / billing etc) will be handled by Young Engineers*



## Sport

### From the Head of Sport

Sport at Hills Grammar is unique in that it caters to a comprehensive student mix that comes from both traditional and culturally influenced sporting backgrounds. Students are exposed to a variety of competitive and non-competitive sporting opportunities within traditional school pathways and through our clubs that have links with local, state and national representation. The following Hills Grammar Sporting Clubs participate in local competitions outside of school hours.

Hills Grammar Basketball Club

Hills Grammar Football Club

Hills Grammar Netball Club

All students are encouraged to pursue their interest and represent their School in these professionally organised clubs. In addition, there are a myriad of sporting opportunities that occur before and after school. Along with this the school regularly enters local and state sports gala days so keep your eye on the Weekly Sports Bulletin for the latest information.

Tristan Jones  
Head of Sport

### Sport contacts

Head of Sport	Mr Tristan Jones	<a href="mailto:Tristan.Jones@hillsgrammar.nsw.edu.au">Tristan.Jones@hillsgrammar.nsw.edu.au</a>
General Enquiry	Sports Department	<a href="mailto:sport@hillsgrammar.nsw.edu.au">sport@hillsgrammar.nsw.edu.au</a>

## Athletics Training (Term 2 & 3)

3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12

Students from **Year 3 -12 who qualify for the School Athletics Team** are to attend athletics training in preparation for the school carnival and representative carnivals that extend into Term 3. Students will be given a variety of opportunities to participate in both field and track training specific to their events. These students will be advised by Mr Jones as to the date training will commence in Term 2.

Day	Time	Location	Teacher
Term 2 and 3 - Monday	3.20-4.30pm	Hills Grammar Oval	T Jones/External Coaches

## Badminton

3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12

### Register via Clipboard Activity Portal

Students from Years 3 to 12 are invited to attend the Badminton Co-curricular on a Tuesday (Primary) and Thursday (Senior) morning before school. This will be run by a qualified coach who will look to teach beginners to advanced level and will look at individual skills and game play with teams, with the idea to progress students to local competitions such as HZSA Gala Day Yrs 7-12 and Invitational Schools Gala Day for Years 7-12.

Day	Time	Location	Teacher	Cost	Uniform
Primary 3-6 Tuesday	Before School 7.30-8.30am	MPH	T Jones/External Coach	Cost per session \$15	Hills Grammar Sports Uniform
Senior 7-12 Thursday	Before School 7.30-8.30am	MPH	T Jones/External Coach	Cost per session \$15	Hills Grammar Sports Uniform

*Please note: Badminton is billed by the term. Students will be given the first 2 weeks of classes to experience Badminton. Any attendance after the 2 week period indicates the student is committed to the activity and your Family Account will be billed for the entire term regardless of the amount of absences. Should your child no longer wish to attend Badminton you are required to notify us at [hg.co-curricular@hillsgrammar.nsw.edu.au](mailto:hg.co-curricular@hillsgrammar.nsw.edu.au) in writing and you will only be charged for the lessons attended up to the date of advisement.*

## Basketball

3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12

### Hills Grammar Basketball Club – registrations open at the end of Term 1 and Term 3

Hills Grammar in 2025/2026 will enter both the Winter and Summer Hills District Basketball Association Summer Basketball Competition at Fred Caterson Reserve. Notification about the registration in the summer and winter basketball competition will be advertised in the School Newsletter, Bulletin and announced at Student Assemblies.

### School Competitions

#### **HZSA Secondary Competitions**

Boys Basketball in Semester 1

Girls Basketball in Semester 2

Students from Years 7 to 12 will have the opportunity to trial for school based Representative Basketball teams and will participate in a school's Knockout Tournament with Representative pathways.

**Junior School Students** from Years 3 to 6 will have the opportunity to trial for a Hills Grammar team to participate in recognised weekly competitions for schools as well as have the opportunity to trial for school based Representative Basketball teams.

Enquiries regarding the Basketball Club should be directed to [sport@hillsgrammar.nsw.edu.au](mailto:sport@hillsgrammar.nsw.edu.au)

## Basketball Skills Clinic

3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12

Register directly with Basketball Star Academy: [Basketball Star Academy Skills Clinic](#)

Basketball Star Academy clinics build fundamental skills (ball-handling, passing, shooting, footwork) through fun, game-based drills that grow confidence, teamwork and fitness.

Sessions are suitable for beginners through to experienced players. Qualified, WWCC-verified coaches; structured progression; inclusive and supportive environment.

Students should wear runners/sports uniform and bring a water bottle. Students will be required to change back into their School Uniform at the end of each session before School commences.

Day	Time	Location	Teacher	Cost	Uniform
Primary 3-6 Wednesday	Before School 7.30-8.30am	Outdoor Courts	External Coach	Cost per session \$28 (plus one off annual registration fee of \$55)	Hills Grammar Sports Uniform
Senior 7-12 Friday	Before School 7.30-8.30am	MPH	External Coach	Cost per session \$28 (plus one off annual registration fee of \$55)	Hills Grammar Sports Uniform

## Cricket

3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12

Register via Clipboard Activity Portal

**Junior school** – students are invited to attend the after school coaching clinics provided by Geoff Spotswood Cricket Coaching. These sessions will be conducted by experienced coaches who will look at both individual skill correction and team play development. Sessions will run on a Tuesday afternoon during Terms 1,3 & 4 as an off-season training and development.

Junior students are encouraged to register for their local cricket club that will compliment these sessions by playing in matches on a Saturday morning. The closest club to our school is the Kenthurst CC who we share facilities with. Please note there are no primary school competitions.

**Senior school** - Senior school students also have the opportunity to trial for the school teams that play in the local HZSA, Wiburd and Douglas Shield competitions. There are also other school knockout competitions. These include Wiburd Shield (U15) and the Douglas Shield Open Age Competition. These are played during the school year that all secondary students will have the opportunity to participate in. Training will be held on Wednesdays from 3.30pm-5.00pm from Term 3.

**Representative** – Both junior and senior school students can be nominated for CIS cricket selection which also has pathways to the NSW team, students nominating for these trials need to be playing at a high level outside of school.

Day	Time	Location	Teacher	Cost	Uniform
Primary 3-6 Tuesday	After School 3.30-5.00pm	Cricket Nets	Geoff Spotswood Cricket Coaching	Cost per session - \$20	Hills Grammar Sports Uniform
Senior 7-12 (for those selected in school teams) Wednesday	Semester 2 After School 3.30-5.00pm	Cricket Nets	School Sport Coaches	N/A	Hills Grammar Sports Uniform

*Please note: Primary Cricket is billed by the term. Students will be given the first 2 weeks of classes to experience the activity. Any attendance after the 2 week period indicates the student is committed to the activity and your Family Account will be billed for the entire term regardless of the amount of absences. Should your child no longer wish to attend Primary Cricket training you are required to notify us at [hq.co-curricular@hillsgrammar.nsw.edu.au](mailto:hq.co-curricular@hillsgrammar.nsw.edu.au) in writing and you will only be charged for the lessons attended up to the date of advisement.*

### Register via Clipboard Activity Portal

Join the 2026 Hills Grammar Equestrian Team for an exciting year of equestrian activities! Our calendar is packed with engaging events, offering students the chance to showcase their skills in various disciplines like dressage, show jumping, and gymkhanas. Whether you're a seasoned competitor or just passionate about horses, this is a fantastic opportunity to be part of a vibrant team who travel across the state to compete.

Moreover, we encourage students who may not compete but own a horse and wish to be involved, to join us for our training days. It's a great way to learn, connect with fellow equestrian enthusiasts, and be part of our supportive community. Please remember, participants need to have their own horse and riding equipment but if you are looking into getting into Equestrian we are happy to provide support.

**Please note: Students must own horse to register for this activity.**

### Football Club (Soccer)

Registrations for the 2026 football season are now **OPEN!** Please find all information about the season below.

The Football Season is a winter competition which will run from April to September in 2026. Hills Grammar Football Club has different opportunities available for different age groups.

#### U6/7

- The miniroos age group will have a 1 hour session on Thursday each week throughout the football season. This session will involve both technical training and team games.
- These sessions are run by KANO coaches
- There is no weekend competition for the U6/7 age groups.

#### U8-U11

- The U8-U11 age groups are placed into teams and have Saturday morning games against teams from the Hills Football Association.
- Teams will have one hour of training per week as a team on Thursday afternoons. Training will be run by KANO coaches, with a parent coach who will be involved in training and coach the weekend games.
- Pre-Season training will be run by KANO coaches four weeks before the season.
- To be part of the team, you **must commit** to both mid-week training and weekend matches.

#### U12+

- The U12+ age groups are placed into teams and have Saturday morning competitive games against teams from the Hills Football Association. At the completion of the season, the top four teams in the division play a finals series.
- Teams will have a 90 minute training session every week and a game on the weekend. The U12+ teams are coached by an external coach, who coaches the team throughout the entire season in training and on the weekends.
- Pre-Season training will begin four weeks before the first game of the season.
- To be part of the team, you **must commit** to both mid-week training and weekend matches.

Please see the registration links below:

U6/7: <https://form.jotform.com/253097241308859>

U8-U18: <https://playfootball.com.au/register#>

(When searching for the club, please enter **The Hills Grammar School Football Club**)

Please contact [sport@hillsgrammar.nsw.edu.au](mailto:sport@hillsgrammar.nsw.edu.au) for any further information

Training Day	Time	Location	Teacher	Cost
U6 & U7 Thursday	3.30pm-4.00pm	<b>Training &amp; Games</b> Hills Grammar Synthetic Fields	Various Coaches	\$200
<b>Games</b> - Thursday	4.00pm-4.30pm			
U8-U18 Thursday	Training times will be advised once teams are formed	<b>Training</b> - Hills Grammar Synthetic Fields <b>Games</b> – Various Hills District venues	Various Coaches	Registration fee + uniform requirement
<b>Games</b> - Saturday				

### Junior School Hills Zone Football Competition

Year 3 - 6 students will have the opportunity to trial for and represent a Hills Grammar team to participate in the Hills Zone competition. Students in Year 5 and 6 are also able to trial for a representative HZSA team to participate in a Football gala day competition, which will also provide pathways to CIS and state representation.

Yr 5/6 Game Day - Wednesday. Yr 3/4 Game Day - Friday during school sport time. Please note trials for these teams will occur in Week 2 Term 1 during the allocated sport sessions for each year group.

### Senior School Hills Zone Competition

Senior School students will have the opportunity to trial for and represent a Hills Grammar team to participate in the Hills Zone competition. Training will be held for all teams on a Tuesday morning before school from 7.30am-8.30am.

Day	Time	Location	Teacher	Cost
<b>Training</b> - Tuesday	<b>Training</b> 7.30-8.30am	<b>Training</b> - Hills Grammar Synthetic Fields	Various Coaches	Uniform requirement: All teams primary and secondary will be required to purchase the football jersey
<b>Games</b>	<b>Games</b>	<b>Games</b> – Valentine Park		
Year 7 Thursdays	4.00pm	Bernie Mullane		
Year 8/9 Wednesdays	4.00pm	Hills Grammar		
Year 10/11/12 Mondays	4.00pm			

### **Senior School Bill Turner Cup / CIS Knockout**

Students from Year 7-12 will have the opportunity to represent Hills Grammar in the Bill Turner Cup (Under 15) and a CIS knockout tournament (Opens). They also have the opportunity to trial for school based representative Football teams with pathways to NSW and Australian School Boys Football team.

## **Futsal**

**3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12**

**Senior School Hills Zone Competition** - Senior School students will have the opportunity to trial for and represent a Hills Grammar team to participate in the Hills Zone competition. Girls competition is in Semester 1 and boys in Semester 2.

### **Futsal Regional and State Championships**

Students in Years 3-12 will have the opportunity to trial for teams to participate in these competitions in Term 2.

Regional Championships – 27<sup>th</sup> – 29<sup>th</sup> July (Senior), 30<sup>th</sup> July (Primary).

State Championships – 24<sup>th</sup> – 26<sup>th</sup> August (Senior), 27<sup>th</sup>-28<sup>th</sup> August (Primary).

## Sydney Hills Horse Riding Centre

K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12

Register directly with Sydney Hills Horse Riding Centre - <https://sydneyhillshorseriding.com/contact/>

The afternoon program will begin with staff from the Horse Riding Centre meeting students at Gate 1 from 3.15pm. They will guide the group safely across Kenthurst Road to the Centre. The afternoon will comprise of ½ riding, ½ horse management skills with afternoon tea included. Added skills of learning how to rug & feed your horse before returning them to the paddock after completion of the session.

Day	Time	Location	Cost
Thursday	3.30pm-5.00pm	Sydney Hills Horse Riding Centre	\$160 per student per session

*Please note that all communications regarding this activity (including cancellations / billing etc) will be handled by Sydney Hills Horse Riding Centre.*

## Kano Football Summer Training Program

K | 1 | 2 | 3 | 4 | 5 | 6

Register directly with Kano Football - [Kano Summer Training Program](#)

Kano Football Australia's Weekly Summer Training is a fun skills training program run in Terms 1 and 4, dedicated to increasing the standards of non-elite football. Kano Football's aim is to assist children to develop both on and off the field with the support of their parents. The Kano program is targeted at players of all abilities.

**Please note this is a separate program and not related to Hills Grammar Football Club.**

Day	Time	Location	Teacher	Cost
Wednesday Terms 1 and 4 only	3.30pm-4.30pm	Hills Grammar Synthetic Fields	Kano Football Instructors	Refer to Kano Football website

*Please note that all communications regarding Kano Football (including cancellations / billing etc) will be handled by Kano Football*

## HillsFit (Fitness Centre)

6 | 7 | 8 | 9 | 10 | 11 | 12

Register via Clipboard Activity Portal

Students are able to attend the Fitness Centre and be supervised through their own training plans that are specific to their sports or general wellbeing. Each session will be supervised by a qualified staff member who will be supervising the gym sessions.

Day	Time	Location	Teacher	Cost
Monday to Thursday	Before School 7.15-8.15am	MPH	D Ambler	N/A

**\*\* Please note that those students selected in Semester 1 school teams will be required to attend the Fitness Centre on Tuesday and Thursday for strength and conditioning training for their nominated sport.**

**Register directly with Motiv8 : [Motiv8 Term 1 After School Sports Program](#)**

Motiv8 design their sports events for all abilities and focus on the energy and effort rather than a child’s sporting ability. Children who attend Motiv8sports Clinics learn about sport, teamwork & sportsmanship in an environment fuelled by great leadership and constant motivation. Registration for Motiv8 is required to be done via their website (above).

Day	Time	Location	Teacher	Cost
Friday	After School 3.20-4.30pm	Hills Grammar Oval (MPH in wet weather)	Motiv8 Sports Team	Refer to Motiv8 Sports Website

*Please note that all communications regarding Motiv8 Sports (including cancellations / billing etc) will be handled by Motiv8 Sports*

**Netball Club (Term 1,2 & 3)**

Hills Grammar Netball is part of the Baulkham Hills Netball Association (BHN) and all games will be played at the Kellyville Netball Courts in Wellgate Avenue, Kellyville. Training will be held on the Hills Grammar Netball Courts. The season commences 1/2 May and runs through until mid September. Please contact [hq.netball@hillsgrammar.nsw.edu.au](mailto:hq.netball@hillsgrammar.nsw.edu.au) for any further information. Please use the links below to register. Registrations close **1 March 2026**.

**Active Kids Vouchers**

If eligible please claim your \$50 active kids voucher prior to registering for netball. Vouchers can be applied for at <https://www.service.nsw.gov.au/transaction/apply-active-kids-voucher>

**Net Set Go** (Games will be played on a Friday evening)

Players aged 7 – 9 years (born 2017 – 2019)

<https://www.playhq.com/netball-australia/register/f64fd9>

**Junior, Intermediate, Senior Registrations - Ages 10 and above (born 2016 and earlier)**

<https://www.playhq.com/netball-australia/register/38e346>

Players turning 10 -14 in 2026 play in individual age groups. 14year olds cannot play up into intermediate age groups. Players turning 15-19 in 2026 play in the intermediate division

Day	Time	Location	Teacher	Cost
<b>Training</b> – TBC	TBC once teams are formed	Hills Grammar Courts	N Avellino	\$360 (NetSetGo)
<b>Games</b> – Friday/Saturday		Kellyville Netball Courts Wellgate Ave, Kellyville		\$375 (junior, intermediate, senior) Registration fee + Hills Grammar netball dress

**HZSA Junior competition**

**Students in years 3-6** will have the opportunity to trial and train for Hills Zone Netball Competition.

**Representative Teams**

Students will have the opportunity to trial and train for school representative teams for gala days and competitions. Opportunities will be advised via Bulletins and assemblies.

**HZSA Secondary competition**

Senior School Students will have the opportunity to trial and train for Hills Zone Netball Competition which commences week 4 of term 1. Training will be held on a Wednesday morning before school from 7.30am-8.30am.

Day	Time	Location	Teacher	Cost
<b>Training</b> – Wednesday	<b>Training</b> 7.30-8.30am	Hills Grammar Courts	N Avellino	Hills Grammar netball dress
<b>Games</b> – Monday	<b>Games</b> 4pm/4.45pm	Kellyville Netball Courts Wellgate Ave, Kellyville		

**Register via Clipboard Activity Portal**

Interested in improving your fitness? Would love to be involved in fun runs? Are you already a good runner but would just like part of your training to be done as a group? The Running Club is designed to provide training for the upcoming school Cross Country and Athletics carnivals, triathlons and other events. The Run Club also supports students selected for junior and senior school representative teams, helping them prepare for competitive carnivals.

Led by experienced staff, each session will incorporate a variety of training techniques focused on cross-country and middle-distance running. This activity will run all year round, so join us and take your running to the next level while having fun with likeminded students. There will be no cost to this activity.

Day	Time	Location	Teacher	Cost
Wednesday	Before School 7.30-8.30am	MPH	N. Good	Nil

**Table Tennis****Register via Clipboard Activity Portal**

Students in Years 3–6 are invited to participate in the Table Tennis Co-curricular, offered before school on Wednesday mornings, as well as a Thursday Advanced Program. Sessions run from 7.30am to 8.30am in the Pavilion and will commence from Week 3 of Term 2 (Wednesday 11 February and Thursday 12 February 2026).

**Please note: The Thursday Advanced Program is strictly for experienced players only.** This session should only be selected for students who have a strong foundation in table tennis or who were enrolled in the advanced class in 2025.

These sessions will be led by a qualified coach and cater for beginners through to advanced players, with a focus on developing individual skills, gameplay strategies, and team play. The program aims to support student progression towards local competitions, including the HZSA Gala Day and Invitational Schools Gala Day.

Day	Time	Location	Teacher	Cost
Wednesday	Before School 7.30-8.30am	Pavilion	External Coach	\$15 per session
Thursday (Advanced)	Before School 7.30-8.30am	Pavilion	External Coach	\$15 per session

*Please note: Table Tennis is billed by the term. Students will be given the first 2 weeks of classes to experience the activity. Any attendance after the 2 week period indicates the student is committed to the activity and your Family Account will be billed for the entire term regardless of the amount of absences. Should your child no longer wish to attend Table Tennis training you are required to notify us at [hq.co-curricular@hillsgrammar.nsw.edu.au](mailto:hq.co-curricular@hillsgrammar.nsw.edu.au) in writing and you will only be charged for the lessons attended up to the date of advisement.*

## Tae Kwon Do

K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12

Register directly with UTF Blackbelt School [glenutf@hotmail.com](mailto:glenutf@hotmail.com)

Tae Kwon Do is an ancient Korean martial arts program. The students are taught skills such as discipline, teamwork, respect, confidence and self-defence. There is a cost involved in this activity as the School has an external Taekwondo Coach from UTF Black Belt School to instruct the students. The classes run on Tuesday and Thursday and students can choose to attend one or both sessions (cost is per session).

Please register for Taekwondo directly with Master Glenn Murray on 0421 497 944 or via email [glenutf@hotmail.com](mailto:glenutf@hotmail.com)

Day	Time	Location	Teacher	Cost
Tuesday &/or Thursday	After School 3.15-4.00pm	Hills Grammar Pavilion (above the Oval Grandstand)	Master G Murray (UTF Blackbelt School)	Refer to UTF Blackbelt School at above email address

*Please note that all communications regarding Taekwondo (including cancellations / billing etc) will be handled by UTF Black Belt School*

## Tennis

K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12

Register directly with Max Tennis at the Hills Grammar Tennis Centre (HGTC) via

<https://www.maxtennis.com.au/contact-us/> Or email [play@maxtennis.com.au](mailto:play@maxtennis.com.au) . Tennis lessons, both group and private lessons are available to all students with Max Tennis at the Hills Grammar Tennis Centre located next door to our campus.

Day	Time	Location	Teacher	Cost
Various	Various	Hills Grammar Tennis Centre	Max Tennis Coaches	Refer to Website

*Please note that all communications regarding Tennis (including cancellations / billing etc) will be handled by the staff at Hills Grammar Tennis Centre.*

**Saturday morning competition:** HGTC students may enter the Hills District Saturday morning Summer (terms 4 & 1) and Winter (terms 2 & 3) competitions. This competition involves teams of 2 players, playing both singles and doubles matches against other local clubs. Information regarding this activity will be communicated as it becomes available.

### School competitions (Secondary):

Students will be able to enter school-based competitions that require trialing and training as a school team for tennis events. Students will also have access to trial for representative pathways. Students will be notified of these trials through various school communications.

Term 1 – Open Boys & Girls HZSA Gala Days and AICES Championships based on UTR standing.

Term 4 – Junior (Year 7 & 8) Boys & Girls HZSA Gala Days based on UTR standing.

Other nominated competitions include Red Ball Tennis and EDTA School Competition.

**Junior School Hills Zone Competition** - Year 5 and 6 students will have the opportunity to trial for and represent a Hills Grammar team to participate in the Hills Zone competition. Girls competition is in Semester 1 and boys in Semester 2.

**Senior School Hills Zone Competition** - Senior School students will have the opportunity to trial for and represent a Hills Grammar team to participate in the Hills Zone competition. Boys competition is in Semester 1 and girls in Semester 2.

Volleyball Training Academy

Register via Clipboard Activity Portal

Hills Grammar Volleyball Training Academy will look to start in Term 1. This Academy will allow students from Hills Grammar and surrounding schools to receive expert tuition from leading Coaches and players who are involved at both a State and National level.

Day	Time	Location	Teacher	Cost
Thursday (Elite – Girls only 15 & under) Experienced Players	7.00-9.00pm	Hills Grammar Multi-Purpose Hall	T Jones/T Leong	Nil
Friday (Seniors and Beginners)	5.00-7.00pm			

*\*Please note that the Elite Girls only 15 and under Training on a Thursday is for experienced players only (ie have previously played in school or club competitions).*

**Senior School Hills Zone Competition** - Senior School students in Years 7-11 will have the opportunity to trial for and represent a Hills Grammar team to participate in the Hills Zone volleyball competition on a Monday afternoon in Semester 2.

Other competitions include:

Schools Cup Gala Days



## OUTDOOR EDUCATION

### From the Outdoor Education Coordinator

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At The Hills Grammar School we aim to educate the whole child. The School's Outdoor Education Program contributes a great deal to this education. The program is developmental, sequential and age-appropriate.

Outdoor Education at the Hills Grammar School is part of the School Co-curricular Program but also complements the aims of the Academic Program and the Student Wellbeing Program. Students work together to develop skills such as leadership, resilience, inclusiveness, the value of working towards a common goal and the concept of team. All of this is achieved within the context of the School Values.

Each student learns about their own strengths and weaknesses and how persistence in extending one's self can bring success in the most challenging of situations – be they physical, emotional or social. This resilience (ability to bounce back from setbacks or challenges with confidence) and optimism is vital for any young person as they enter adulthood.

There are substantial leadership opportunities within the Outdoor Education Program, not only from within the cohort but also opportunities to lead younger age groups as part of the Outdoor Education Leadership Program. As with any program there may be elements of risk; however, with a comprehensive management strategy, extensive planning and the use of expertise, any risk can be minimised to ensure activities are enjoyable and students gain a real sense of achievement upon completion.

Mrs Rachel Papenhuyzen

Outdoor Education Co-ordinator

[Rachel.Papenhuyzen@hillsgrammar.nsw.edu.au](mailto:Rachel.Papenhuyzen@hillsgrammar.nsw.edu.au)

# Outdoor Program

## A Compulsory Program

ECEC | K | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12

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The Schools' Outdoor Education Program is set in a variety of environments such as alpine, coastal, inland river, bushland or non-familiar urban. This allows students to develop a sense of adaptability as new country is explored. Familiarity brings a respect for the natural world, recognition of the part it plays in the lives of all humans, and often a commitment to protect and enhance it for its own intrinsic value. Environmental Education is a key focus of the program.

There are many opportunities to integrate the outdoors with classroom education – for example by carrying out real time scientific research, providing the stimulus for reflective writing and artworks or simply applying skills such as map reading and navigation to a landscape, either natural or manmade.

Outdoor Education also provides simple physical exercise, healthy living and an opportunity for students to interact and build strong relationships away from the normal classroom environment.

Outdoor Education is a compulsory part of the academic program at Hills Grammar and follows the format below therefore is not listed as a selection for the students.

## ECEC

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Venue: Hills Grammar School Campus

The students explore the natural bush environment at Hills Grammar. They learn about the Flora and Fauna and explore ways to look after the local environment.

## Kindergarten

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Venue: Hills Grammar School Campus

Outdoor Education program focusing on developing an appreciation of natural environments. Students explore the local bush environment surrounding Hills Grammar. They learn about group dynamics and leadership, safety and well-being, environmental awareness and management. Students also develop an understanding of the importance of fresh air and open spaces for play.

## Year 1

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Venue: Hills Grammar School Campus

Students build on their outdoor living knowledge and skills encouraging self-reliance and minimal impact. They learn about how to pack suitable food and gear/equipment for a short adventure (bushwalk). Students continue to build on their knowledge of health and safety rules/regulations which apply to natural environments.

## Year 2

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Venue: Local National Park and Hills Grammar Campus

Student exploration through guided journeys e.g. day walk and lunch in local National Park or other more pristine area. Increasing knowledge of survival skills in natural environments. Students also learn about the History of natural environments.

*\*Activities may vary depending on student grouping and weather conditions*

## Year 3

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Venue: Rathane, Port Hacking

First overnight camp experience. Exploration through guided journeys with increasing independence.

- Leadership Development Activities / Group Games / Initiatives
- Navigation
- Bush survival skills
- Exploring Mangroves

*\*Activities may vary depending on student grouping and weather conditions*

## Year 4

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Venue: Outdoor Education Group Collaroy

Overnight camp. Exploration through guided journeys with increasing independence.

- High Ropes
- Giant Swing
- Laser Tag
- Team Activities / Challenges
- Beach Games

*\*Activities may vary depending on student grouping and weather conditions*

## Year 5

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Venue: Deer Park, Port Hacking

Students continue to extend their outdoor education knowledge and skills in Local Mountain Ranges.

- Initiative activities
- Mountain Bike Riding
- Abseiling
- Catapults
- Bush Cooking
- Low Ropes

*\*Activities may vary depending on student grouping and weather conditions*

## Year 6

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Venue: Southbound Tallong

Students continue to extend their outdoor education knowledge and skills in the mountainous region of the Southern Highlands.

- Flying Fox
- High Ropes
- Bushwalking
- Team building
- Campcraft

*\*Activities may vary depending on student grouping and weather conditions*

## Year 7

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Venue: Broken Bay Sport and Recreation Centre, Brooklyn

Students visit Milson Island whereby they extend their outdoor educational knowledge and experience. This camp encourages students to build confidence as they interact with the environment. Students engage in activities that develop personal and interpersonal skills and develop a greater understanding of safety requirements in outdoor pursuits.

- Orientation to Year 7 activities
- Team building
- Aquatic activities
- Leadership development

*\*Activities may vary depending on student grouping and weather conditions*

## Year 8

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Venue: Venture Outdoors Co, Jindabyne

Students attend Venture Outdoors Co, Jindabyne for an Alpine Outdoor Education experience. The camp provides many challenging and fulfilling experiences. They will explore the alpine environment; understand weather patterns and a greater understanding of human interactions with nature.

- Mountain Bike Riding
- Canoeing
- Alpine Hike
- Camp Out
- Camp Cooking
- Team Initiatives
- Raft Building
- Crate Climbing

*\*Activities may vary depending on student grouping and weather conditions*

## Year 9

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Venue: Somerset Outdoor Learning Colo River

Students visit Somerset Upper Colo River whereby they extend their outdoor educational knowledge and experience. This camp encourages students to build confidence as they interact with the environment. Students engage in activities that develop personal and interpersonal skills and develop a greater understanding of safety requirements in outdoor pursuits. This camp satisfies both the Practice Journey and Adventurous Journey component of the Duke of Edinburgh Bronze Award.

- Hiking
- Canoeing
- Giant Ladder
- Abseiling
- Camp Out
- Camp Cooking
- Team Initiatives / Ice Breakers
- Orienteering and mapping skills.

*\*Activities may vary depending on student grouping and weather conditions*

## Year 10

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Venue: Urban Challenge Sydney CBD

Students complete an Urban Challenge adventure in Sydney CBD and surrounding areas. Students will be given the opportunity to be a part of an adventure, which broadens the definition of 'outdoor education' in an innovative, exciting and fun way. This takes place in the CBD over four days and three nights. Students fulfil designated roles such as Treasurer, Ticketmaster, Caterer, Navigator, Taskmaster and Photographer in an Amazing Race style journey around the City of Sydney.

*\*Activities may vary depending on student grouping and weather conditions*



Hills  
Grammar

## Co-curricular Trips and Tours

### Hills Grammar Co-curricular Trips & Tours

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Students can set off on the adventure of a lifetime on one of Hills Grammars Tours/Trips. Whether your interest lies in travelling interstate or abroad and experiencing other cultures, hitting the ski slopes, to showing off your sporting prowess on the world stage, our tours and trips can help students achieve their dreams.

The benefits to each student who attends are many including gaining leadership skills, growing in independence, learning the value of teamwork and organisational skills.

We look forward to seeing you on one of our tours/trips!

Mr Yass Sidaros

Director of Co-curricular Programs K-12

[Yass.Sidaros@hillsgrammar.nsw.edu.au](mailto:Yass.Sidaros@hillsgrammar.nsw.edu.au)

Established in 1975, the National High School Model United Nations (NHSMUN) is the world's largest, most diverse, and most prestigious Model UN conference for secondary school students. Long recognized for having the best substantive program on the MUN circuit, NHSMUN is known for its talented attendees, its world-class staff, its highly engaging debates, and its academically rigorous material. Located in New York City, NHSMUN offers unparalleled access to the very heart of global diplomacy. Students who attend NHSMUN will have the opportunity to attend meetings with the diplomatic representatives of the countries they are representing, and other UN and NGO leaders visit committees for dynamic question and answer sessions. Students will also have the opportunity to enjoy sightseeing tours. These tours will not only complement their academic learning but also offer them a chance to immerse themselves in the vibrant culture and history of New York City.

**Details of how to register for NHSMUN 2027 will be sent to students in Term 3.**

Day	Time	Location	Teacher
10 / 12 Day Tour	March	New York, USA	M van Bever Donker

## Red Earth Immersion Tour

9 | 10 | 11

Students will embark on a life-changing journey to the remote First Nations homelands. This rare experience will allow students to forge genuine connections with First Nations people, learning from Elders and Traditional Owners who have preserved a rich cultural heritage and a deep bond with their land. Students will have the opportunity to engage with local communities, particularly young First Nations children who are eager to connect and share their stories. It promises to be an enriching tour, offering our students a broader understanding of Australia's diverse history and traditions.

**To register for the 2026 Tour, please contact [hg.co-curricular@hillsgrammar.nsw.edu](mailto:hg.co-curricular@hillsgrammar.nsw.edu) at your earliest convenience.**

**Details of how to register for Red Earth Immersion Tour 2027 will be sent to students in Term 3.**

Day	Time	Location	Teacher
7 Day Tour	July School Holidays	Cape York	TBA

## Ski Trip - Annual

7 | 8 | 9 | 10 | 11 | 12

The Annual Hills Grammar Skiing and Snowboarding Trip is open to students in Years 7 - 12.

The tour departs school on Friday at lunchtime and students spend three days skiing or snowboarding at Thredbo Ski Resort before returning on Monday evening.

All levels of skiers and boarders are invited to attend this trip, including students who have never skied before. All students, regardless of ability, are required to attend lessons on each of the three days of the trip. Students will be placed in classes based on ability ranging from beginner to advanced.

**Details regarding how to register for the Annual Ski Trip will be advised during Term 2 each year.**

Day	Time	Location	Teacher
Friday - Monday	August	Thredbo/Perisher	M Harrington

The Bi-annual Sports Tour will travel to one of our sporting neighbors. In the past we have visited Fiji, New Zealand and North America.

During their stay, students will be involved in up to three games that is specific to the chosen sports of that tour football/netball/touch football/cricket/basketball/volleyball/futsal have all been options on previous tours. Games are played against local schools or club teams. A community service activity will also be completed during the tour.

Students will have the opportunity to immerse themselves in the day to day life of the local community. Amongst other things students will assist with various aspects of the local culture.

<b>Day</b>	<b>Time</b>	<b>Location</b>	<b>Teacher</b>
10 Day Tour	TBC	TBC	T Jones

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