



THE
HOBART
CLINIC

Excellence in Mental Health

Alcohol & Drug Treatment and Recovery

The Alcohol and Drug treatment and recovery program is designed for those who experience problematic alcohol or drug use. The group aims to assist individuals to reduce the personal and social harm associated with substance and addictive behaviour.

Intended outcomes of the program are:

- Targeted techniques for changing alcohol or drug use behaviour
- Strategies on increasing motivation to deal with cravings and relapse
- A supportive non judgmental environment to assist recovery

Where:

Eastern Shore Clinic
31 Chipmans Road, Rokeby

When:

Tuesdays
9:30am - 12:30pm

The program can be joined at any time.

How much does it cost?

Costs may be covered by your private health fund. You may incur an out-of-pocket expense.

How to join:

Please discuss with your GP who can provide a referral to us.

For further information call
6247 9960 or email
info@thehobartclinic.com.au.

GP referral and private health insurance is required.

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