

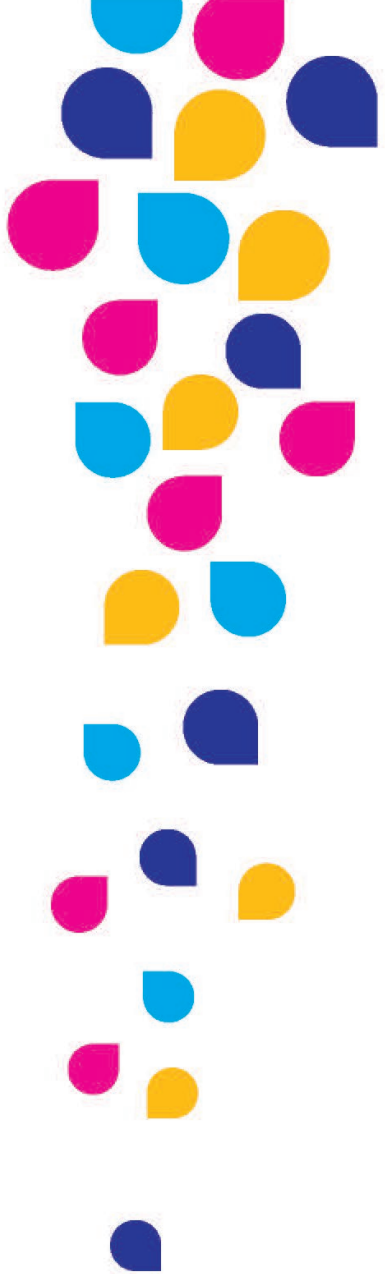


PICAC SA

Culture, Values and Attitudes
Webinar Series

Expression

of feelings and emotion



Multicultural
Aged Care

Agnieszka Chudecka
Partners in Culturally Appropriate Care (PICAC) SA

Kurna Acknowledgement

Adelaide and its surrounds are nestled within the lands traditionally owned and protected by the Kurna people and their forebears for many thousands of years.

Throughout the Adelaide Plains, the Kurna people have performed age-old ceremonies of celebration, initiation and renewal.

In convening this meeting, we take the opportunity to acknowledge and honour the Kurna people's traditional ownership of this land, their living culture and the unique role they have played in the life of this region.

Objectives

- Anticipate the CALD concepts and meanings of culturally appropriate services
- Acquire CALD understandings about culturally appropriate care
- Apply evidence- and resource-based strategies to improve better practice CALD models of culturally appropriate care planning and provision
- Improve awareness and understandings of CQ, cultural competency, culturally appropriate care
- Develop processes and better practice processes for culturally appropriate care delivery





Expression

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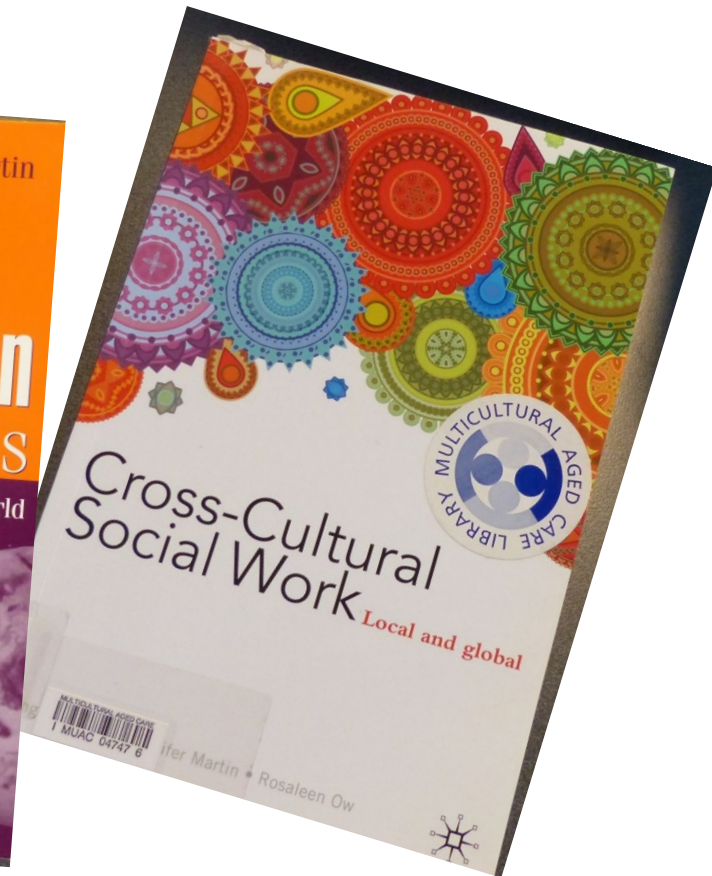
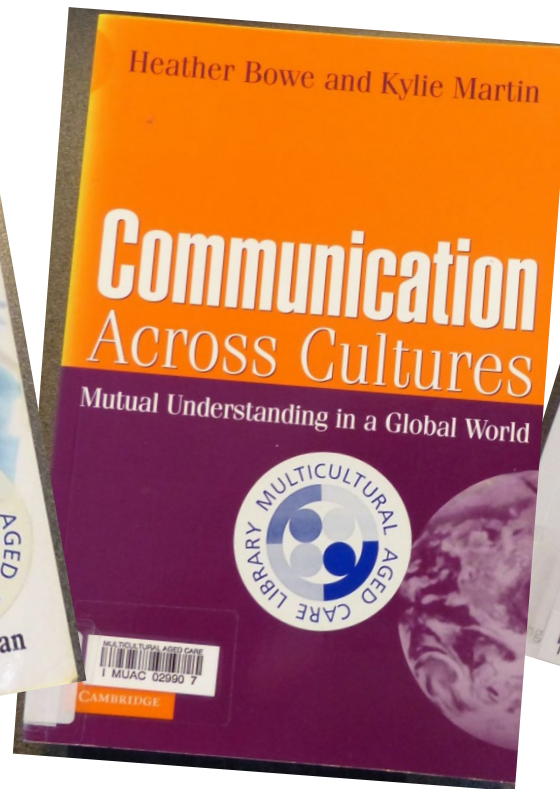
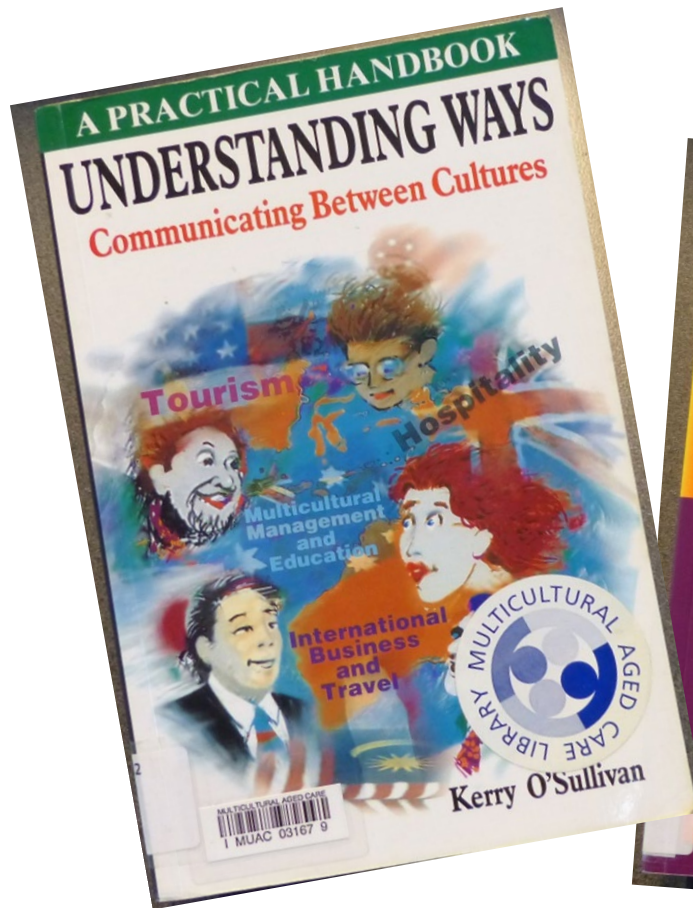
Outcomes

- Improved capacity to deliver culturally appropriate care targeting CALD specific needs, expectations and understandings of aged care
- Improved access to information and resources on CQ, cultural competency, culturally appropriate care and CALD perspectives





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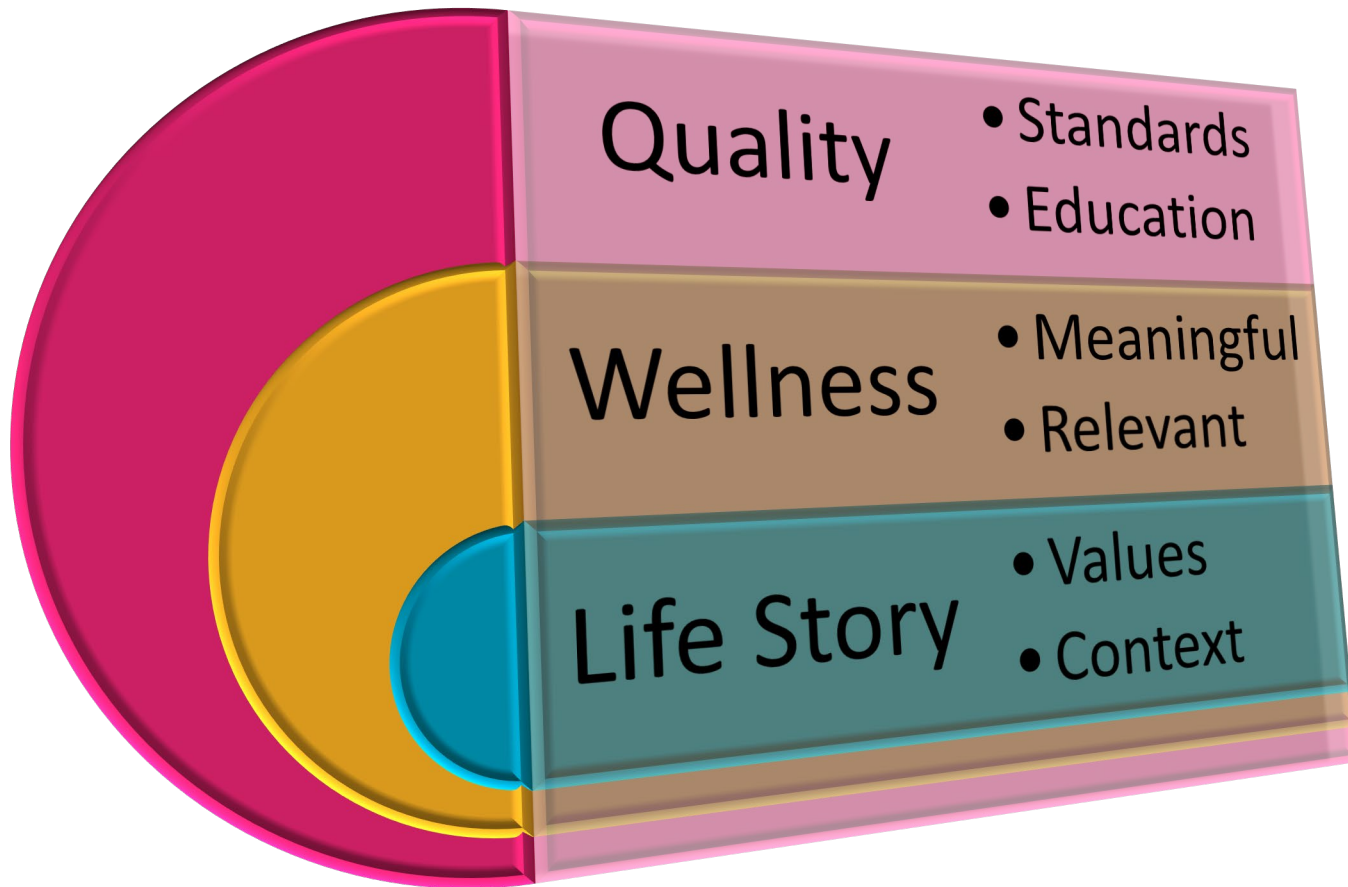
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Towards Culturally Appropriate Care





Culture, Values and Attitudes



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Culture

... determines us **outwardly**
(our behaviours, reactions, responses and adaptations)

... shapes and influences us **inwardly**
(our values, beliefs, attitudes, perceptions)



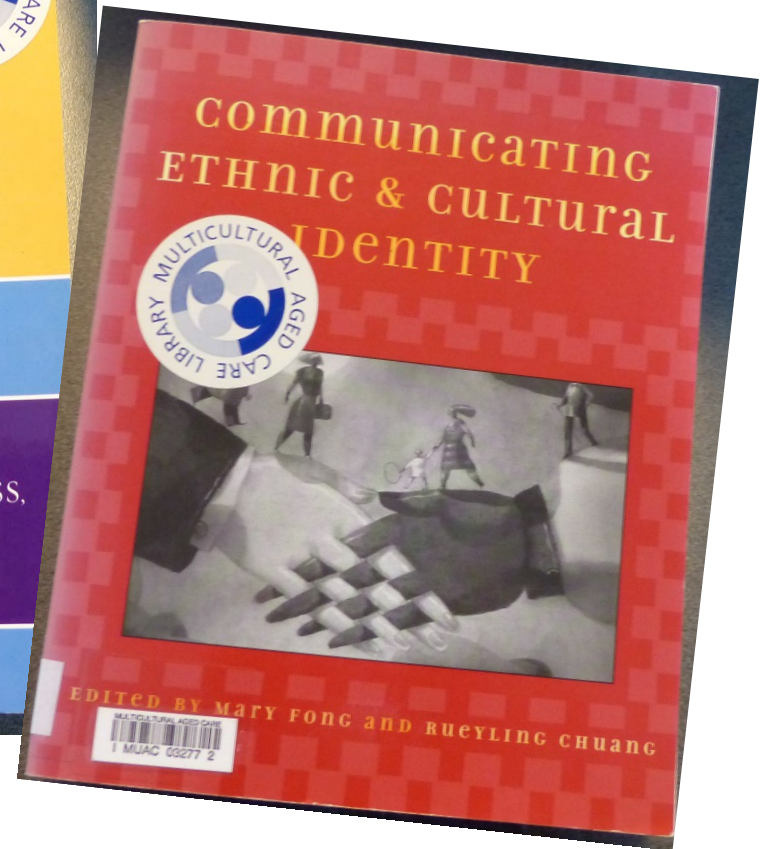
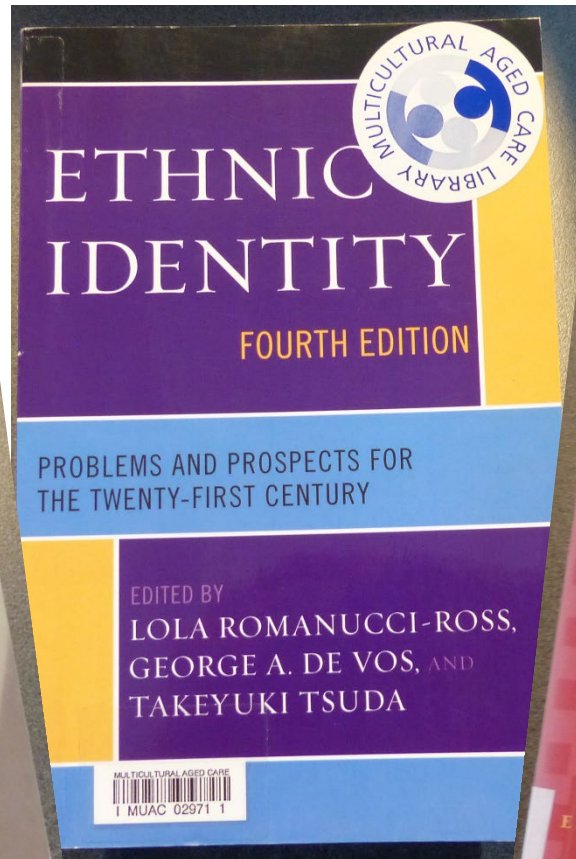
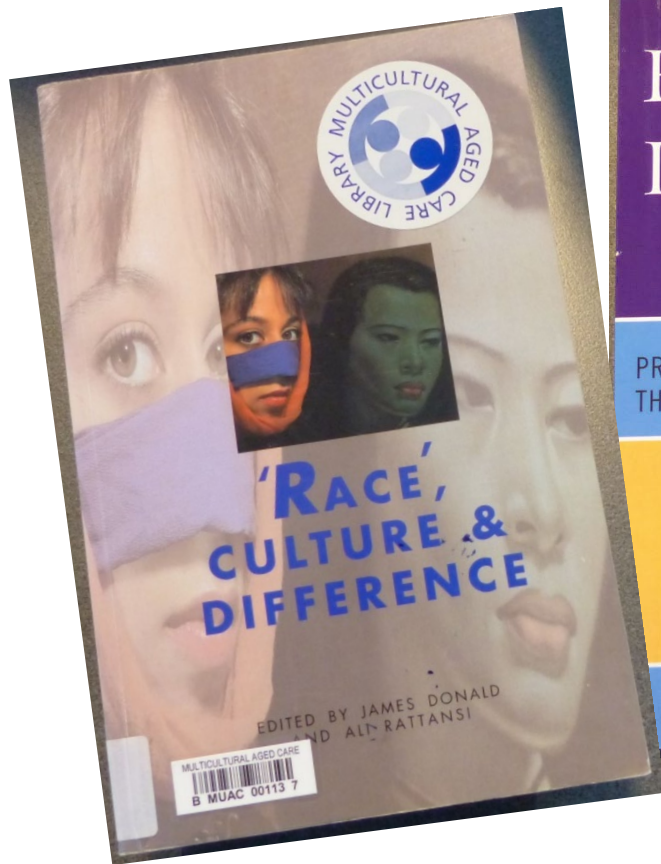
Values form the core of culture

- Values are social principles, goals or standards accepted by persons in that culture.
- What is proper and improper, what is normal and abnormal behaviour is determined by one's culture.

(Thiederman, 1991)



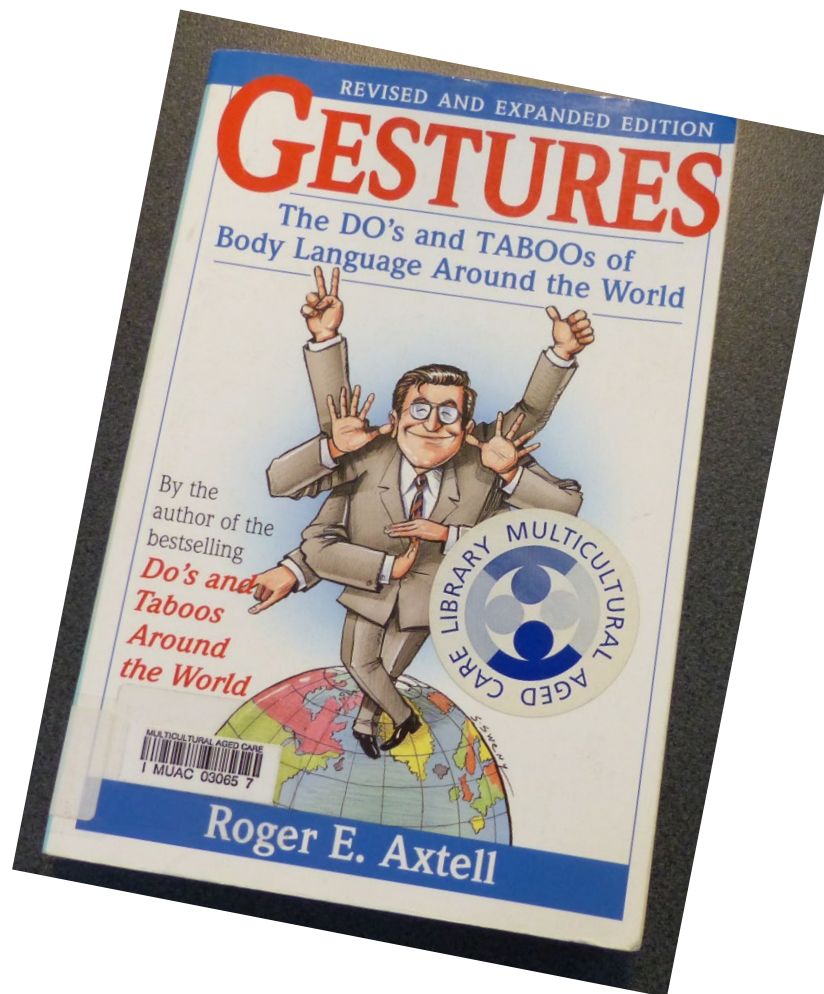
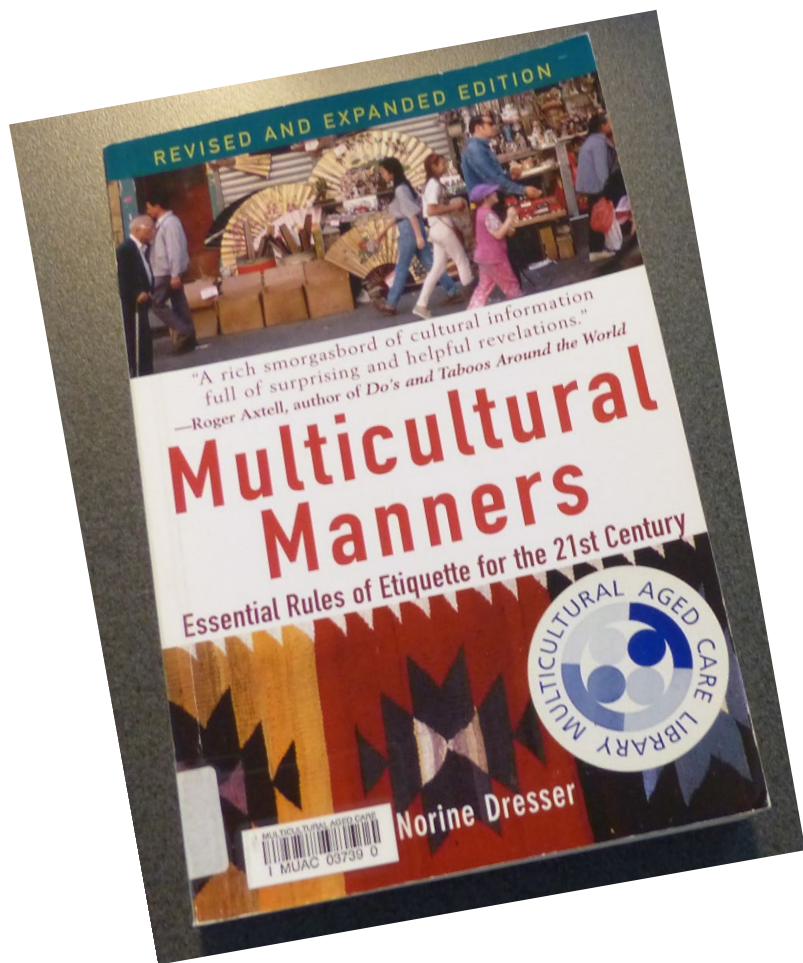
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Expression
of feelings and emotion

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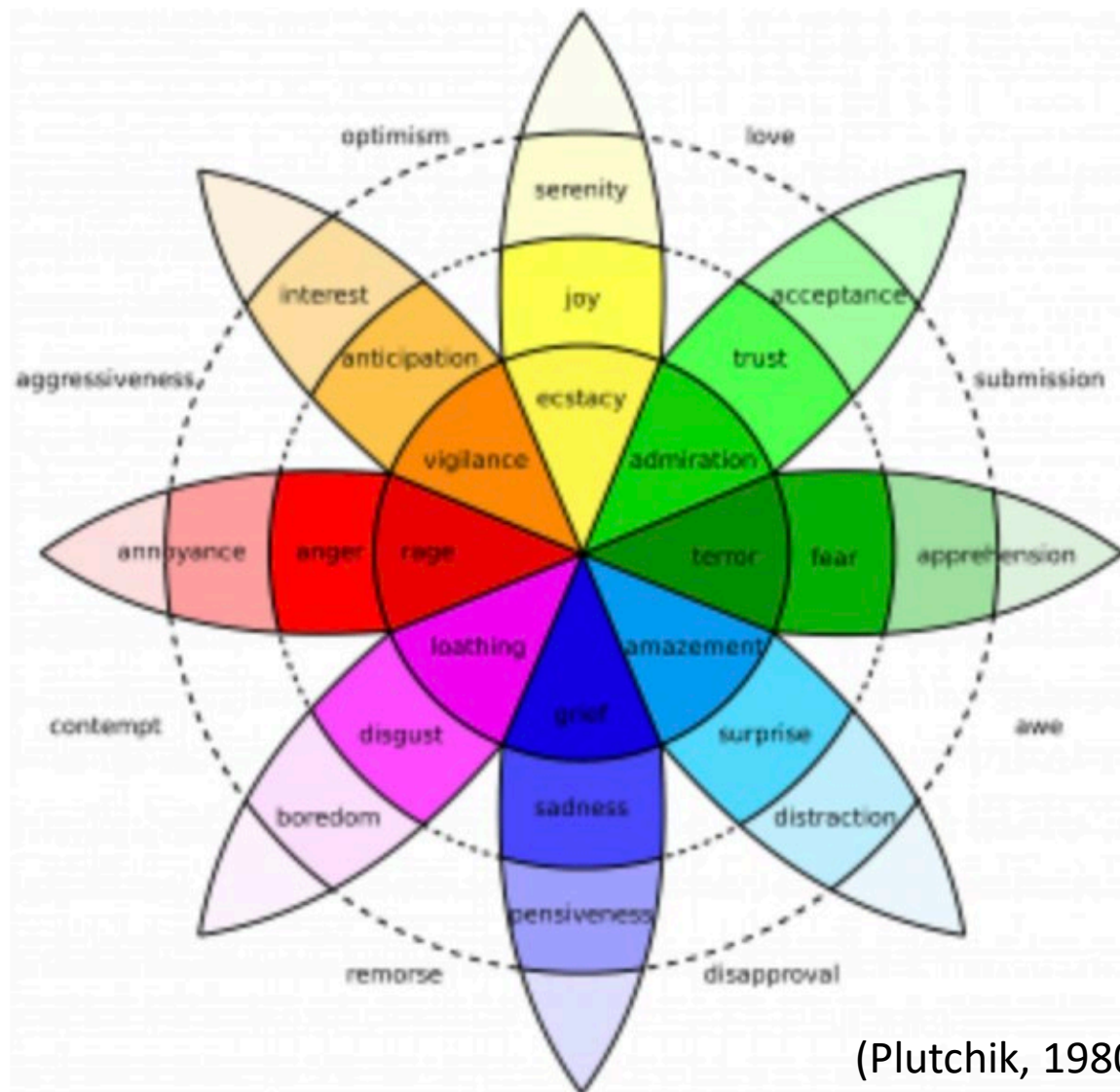


Good manners / etiquette

- What does it mean to be 'polite'?
- How do we show respect?
- Whom do we show our respect to?



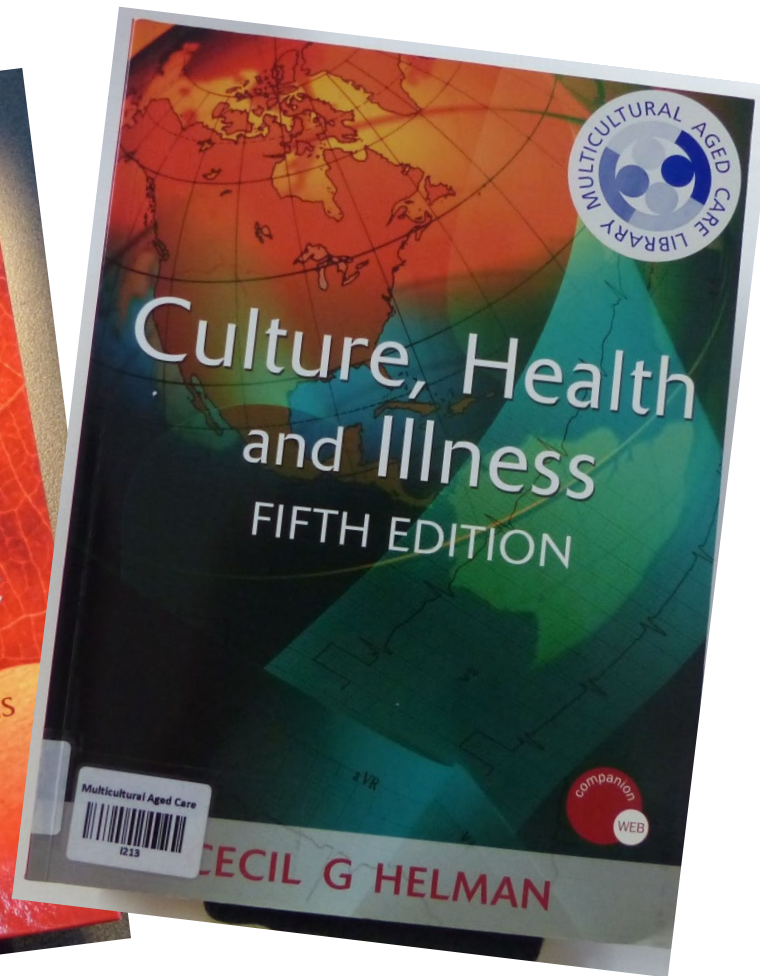
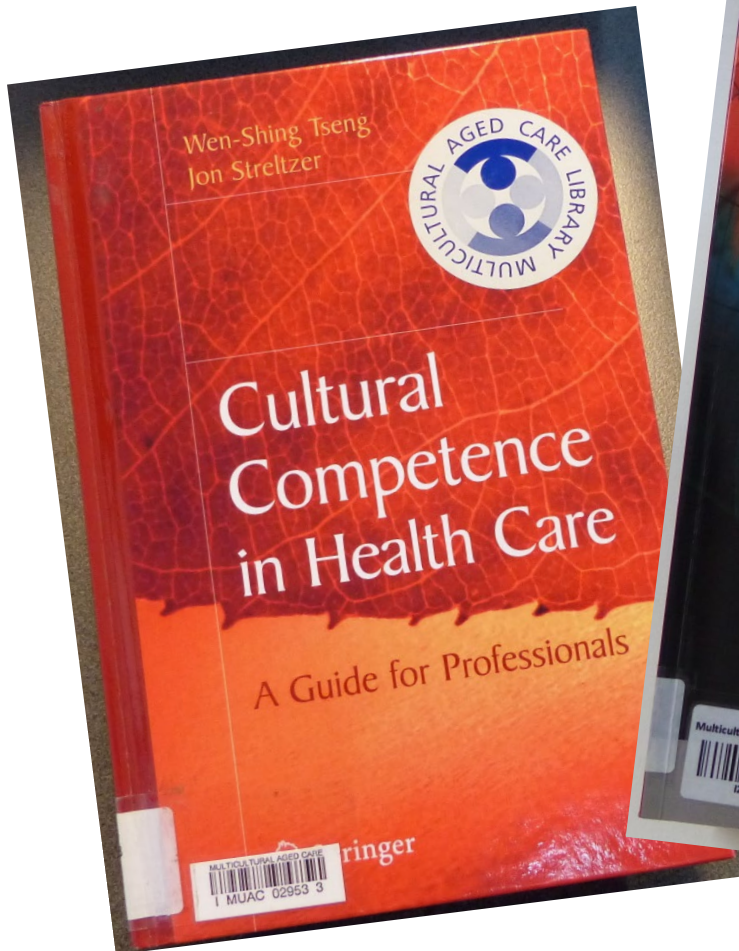
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(Plutchik, 1980)



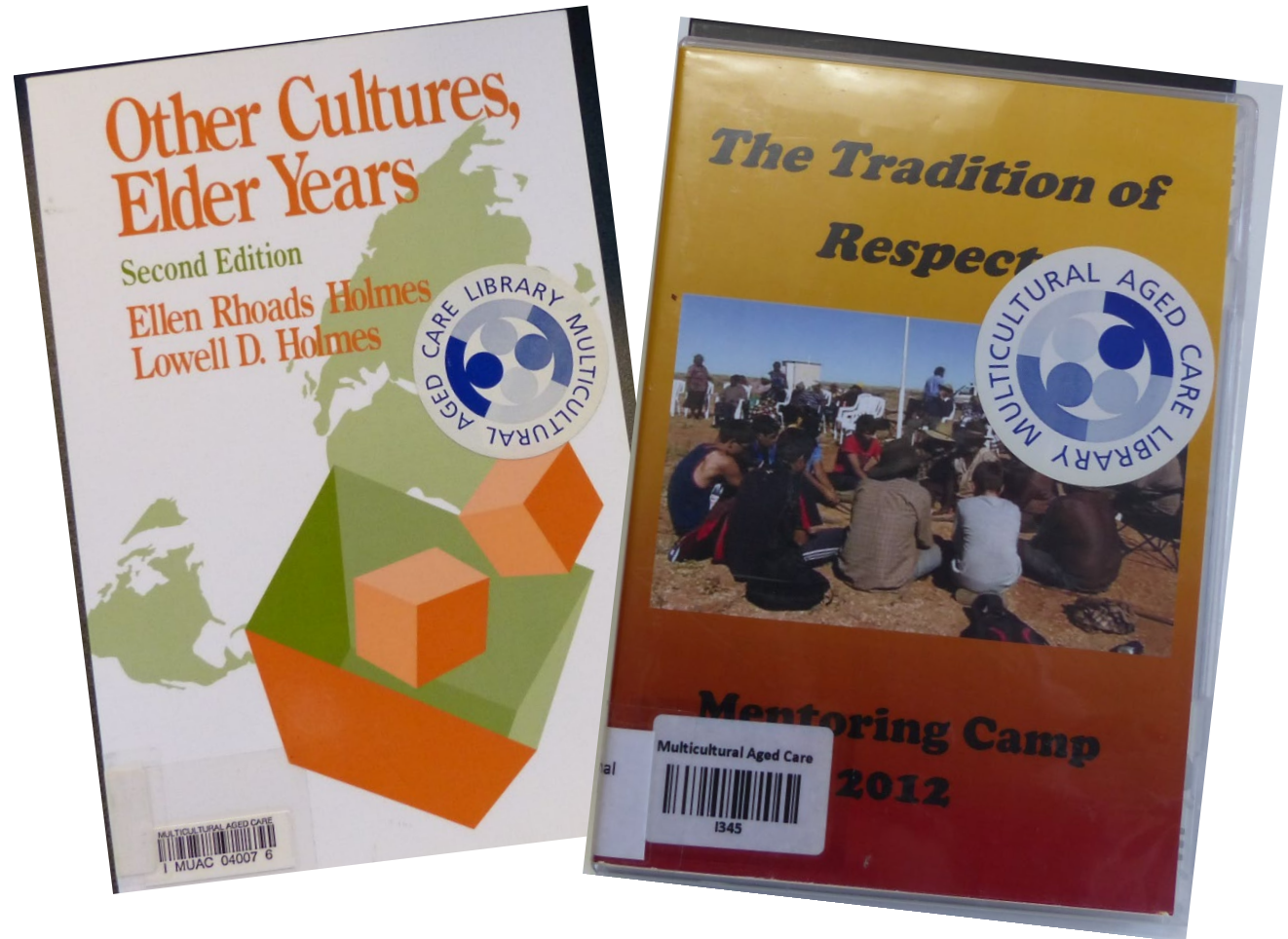
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Being polite?



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Keeping a straight face



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Gratitude



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Complaints





Family circle



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Friends





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Strangers



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The way we say things



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How loud is too loud?



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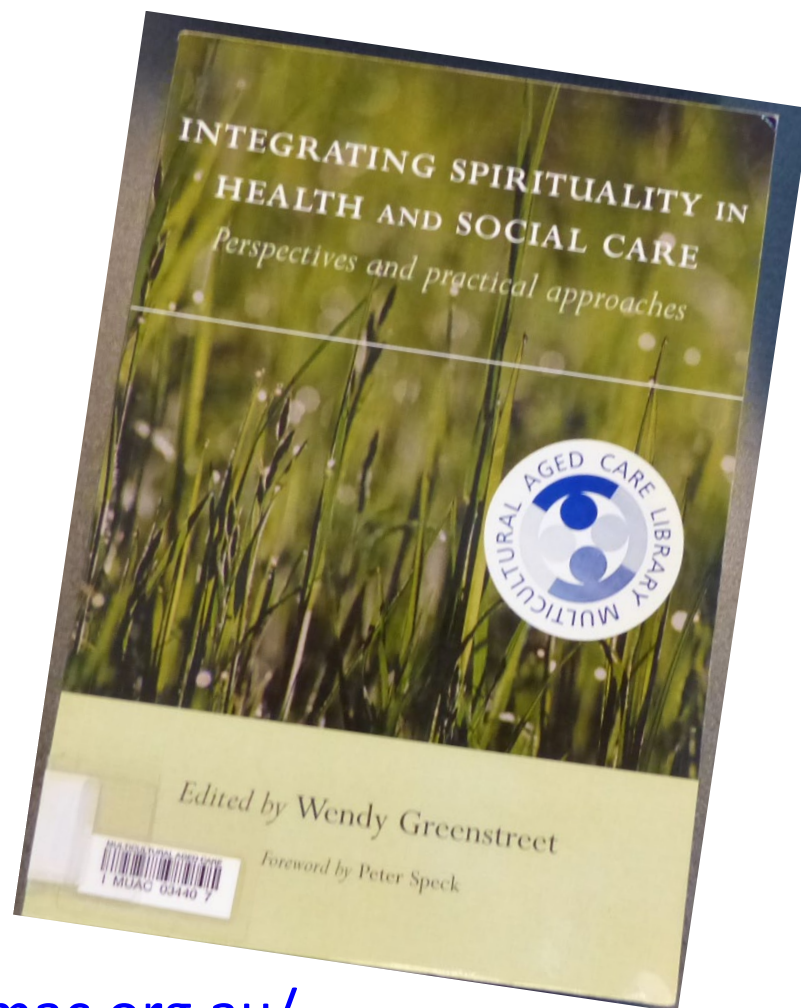
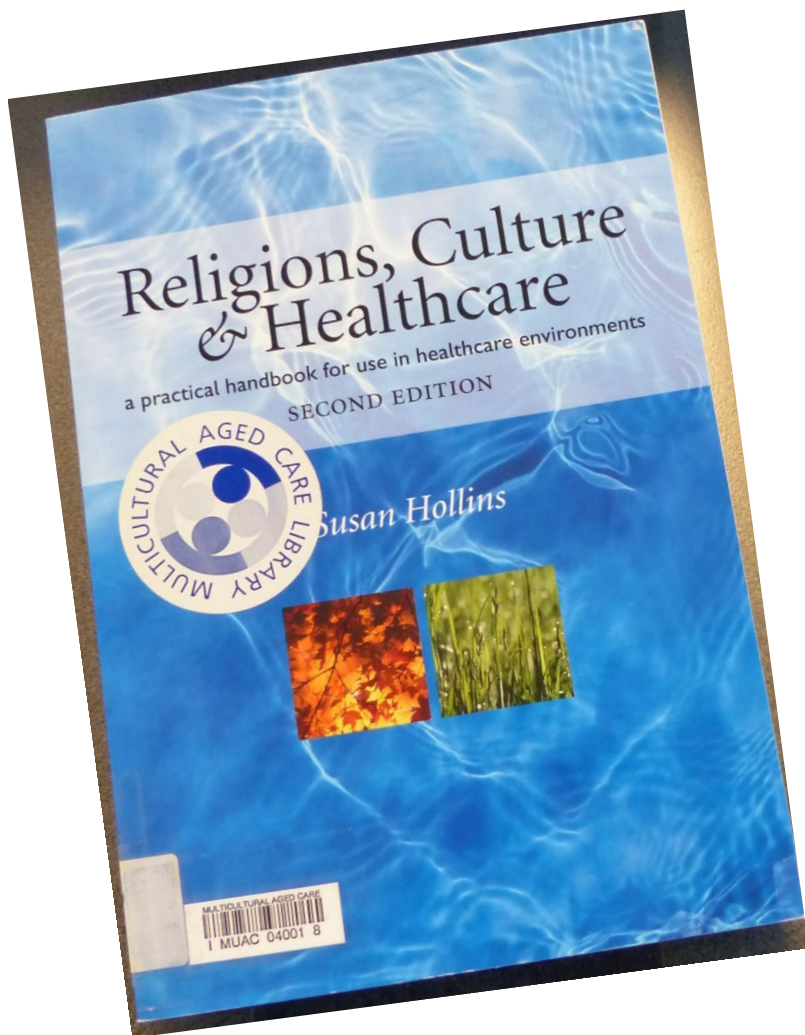
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Loss and grief



Expression
of feelings and emotion

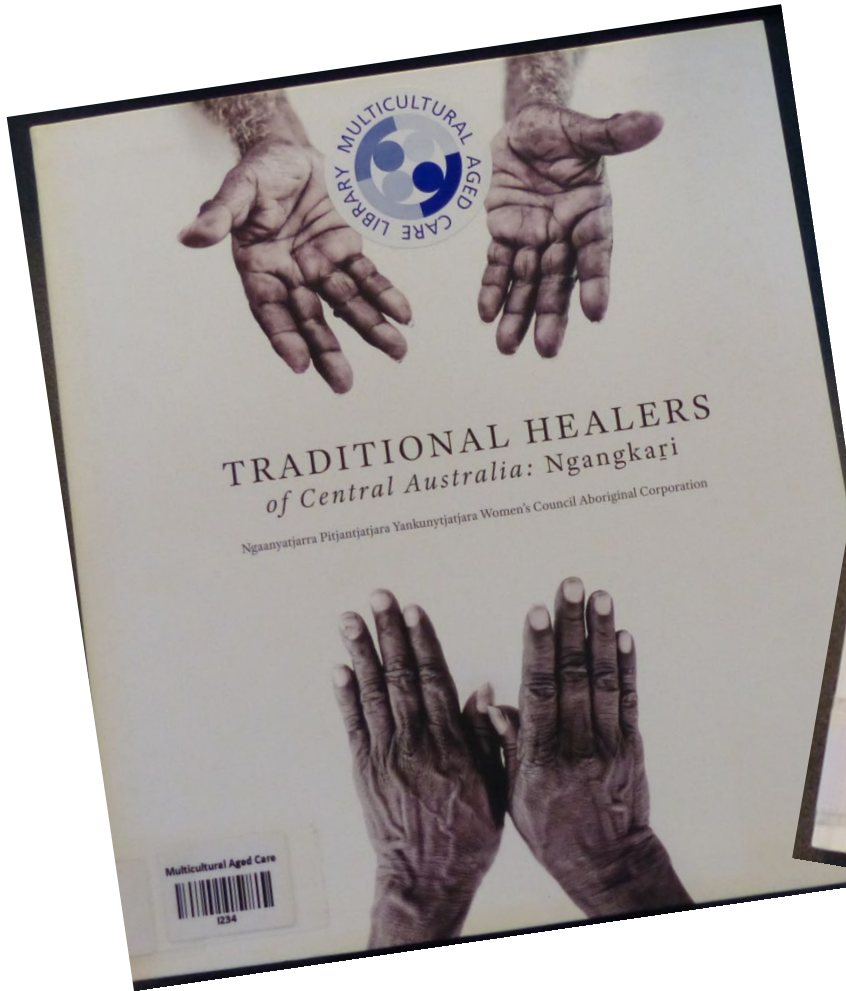
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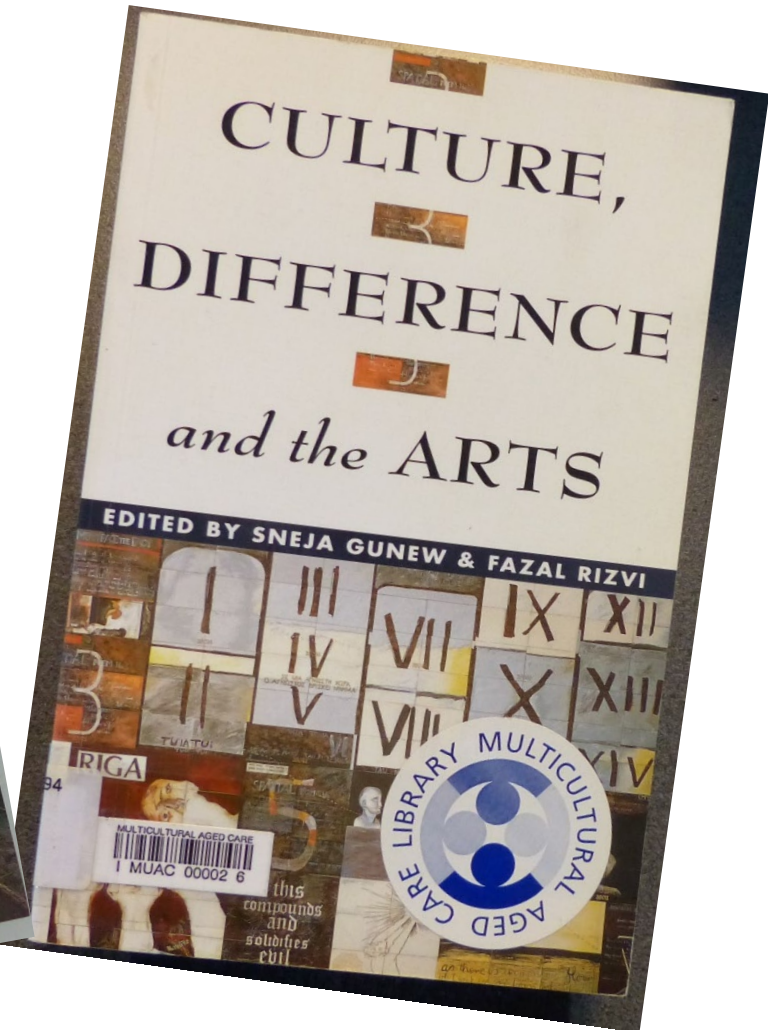
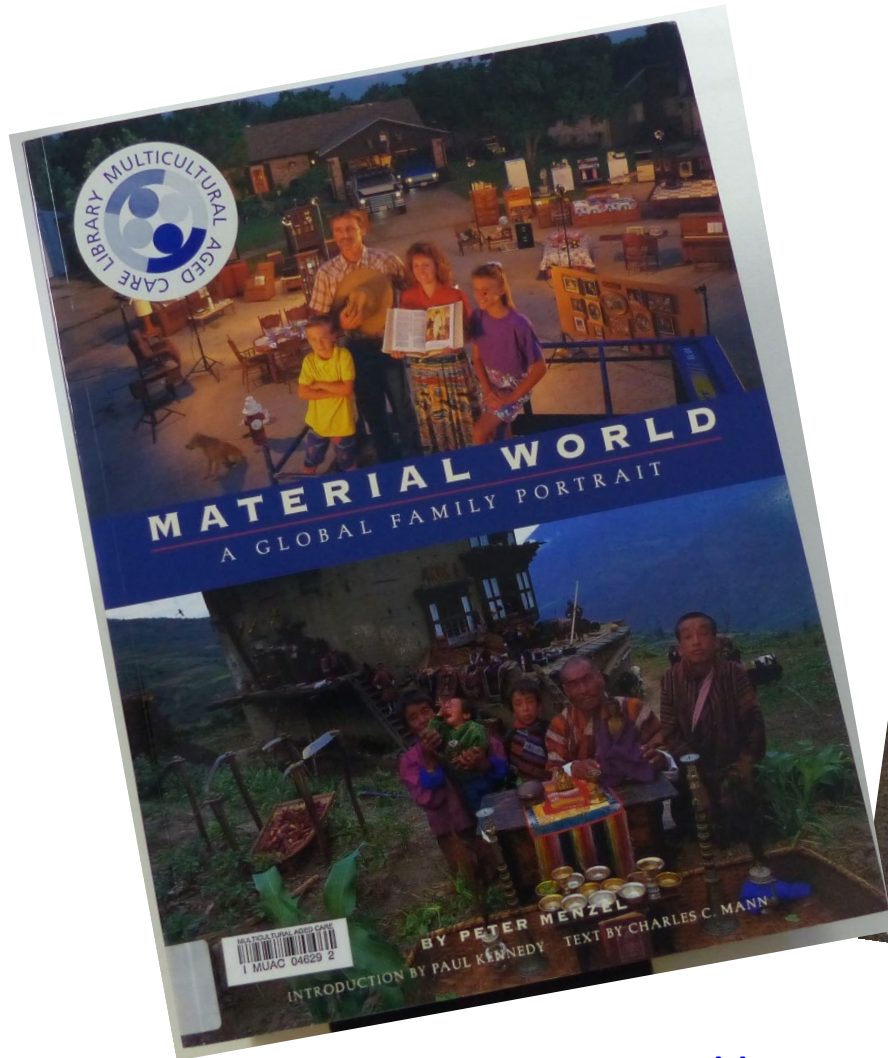
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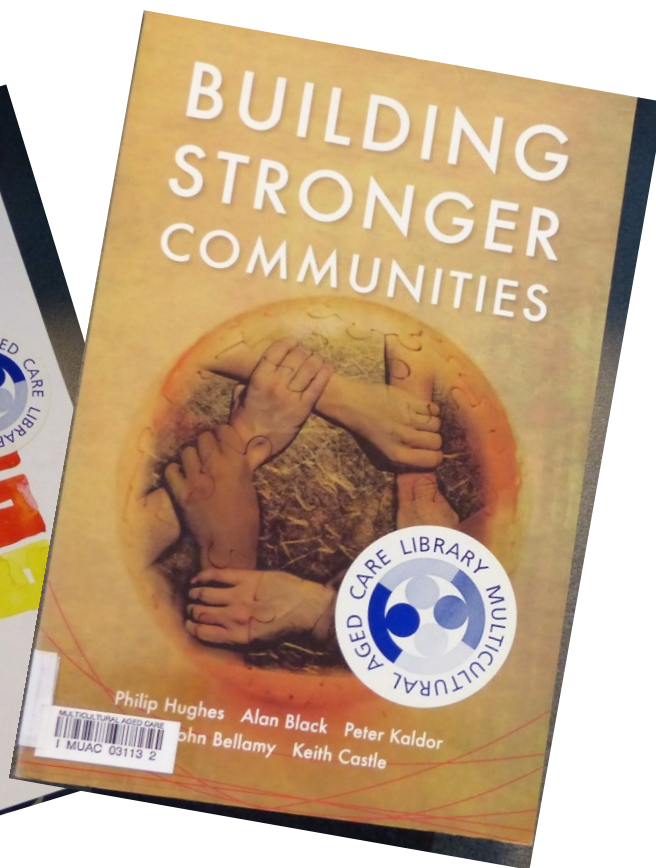
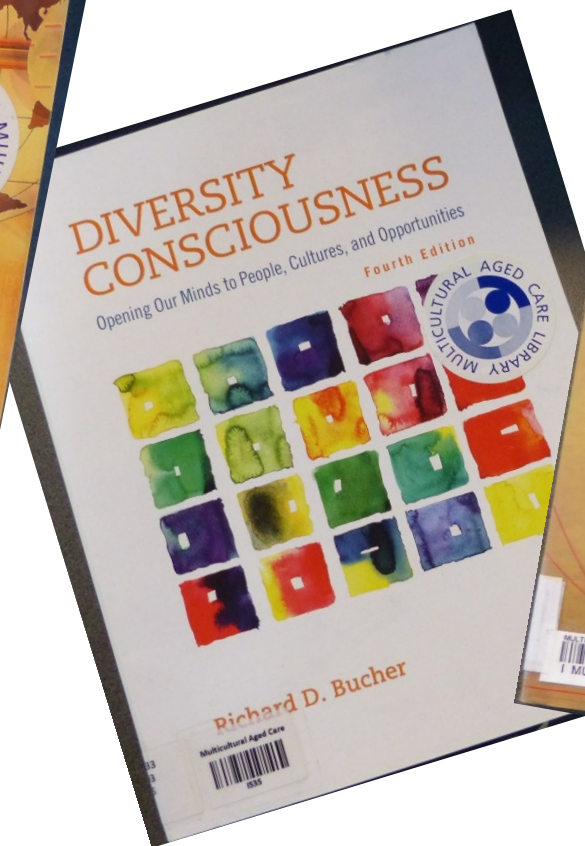
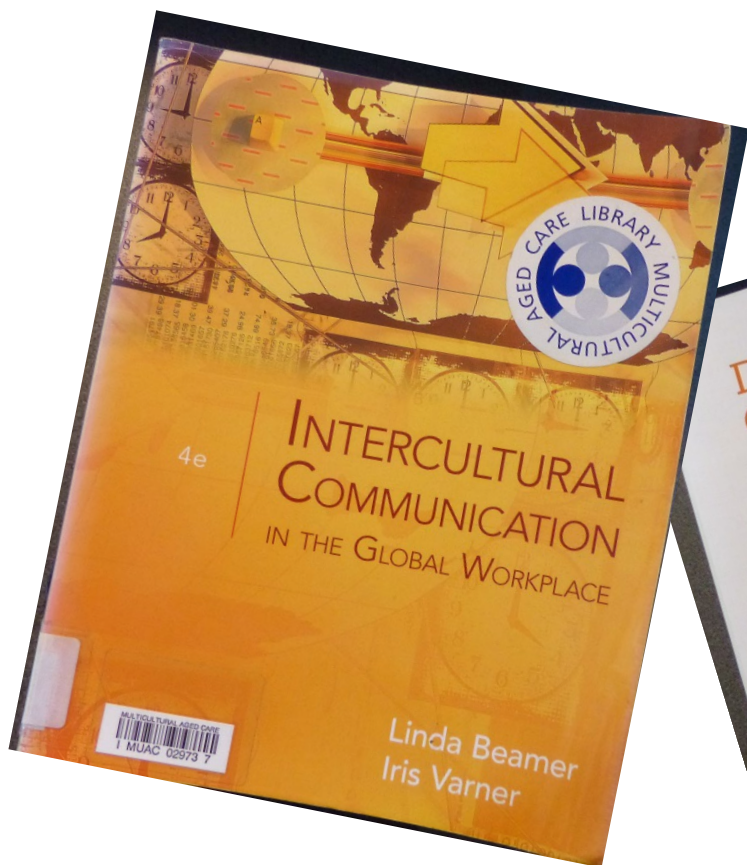
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Let us keep in touch

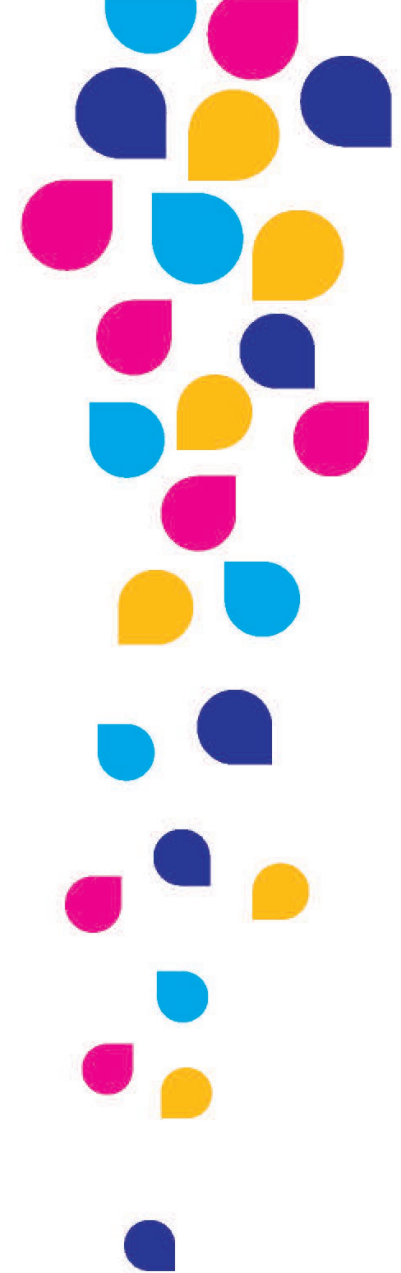
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or by e-mail: **macsa@mac.org.au**

