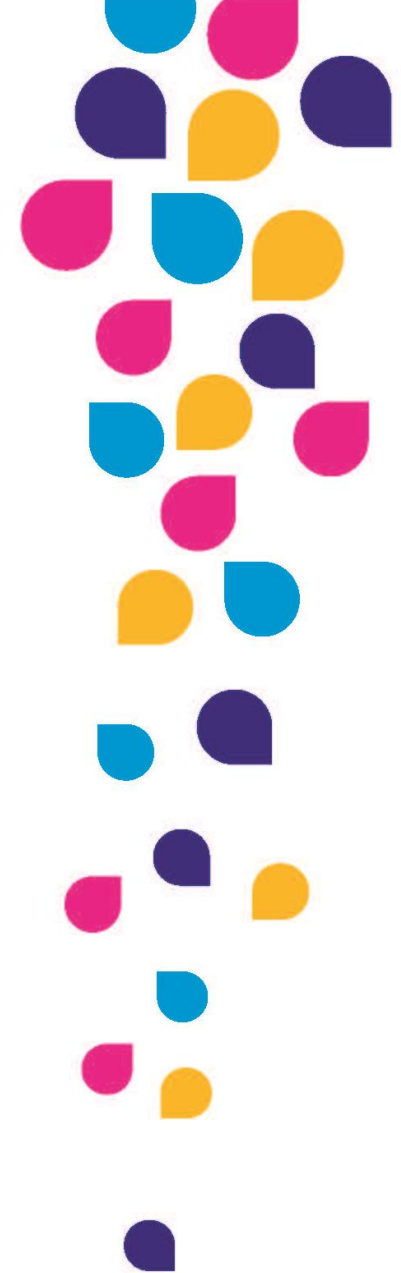




PICAC SA

Culture, Values and Attitudes
Webinar Series

Religious, Spiritual and Ethical Rituals



Multicultural
Aged Care

Agnieszka Chudecka
Partners in Culturally Appropriate Care (PICAC) SA

Kurna Acknowledgement

Adelaide and its surrounds are nestled within the lands traditionally owned and protected by the Kurna people and their forebears for many thousands of years.

Throughout the Adelaide Plains, the Kurna people have performed age-old ceremonies of celebration, initiation and renewal.

In convening this meeting, we take the opportunity to acknowledge and honour the Kurna people's traditional ownership of this land, their living culture and the unique role they have played in the life of this region.

Objectives

- Anticipate the CALD concepts and meanings of culturally appropriate services
- Acquire CALD understandings about culturally appropriate care
- Apply evidence- and resource-based strategies to improve better practice CALD models of culturally appropriate care planning and provision
- Improve awareness and understandings of CQ, cultural competency, culturally appropriate care
- Develop processes and better practice processes for culturally appropriate care delivery





Outcomes

- Improved capacity to deliver culturally appropriate care targeting CALD specific needs, expectations and understandings of aged care
- Improved access to information and resources on CQ, cultural competency, culturally appropriate care and CALD perspectives





Culture, Values and Attitudes

You are welcome to browse our online catalogue to review and select resources that may inform your service and care delivery

<https://library.mac.org.au/>



Culture

... determines us
outwardly
(our behaviours,
reactions, responses
and adaptations)

... shapes and influences us **inwardly**
(our values, beliefs, attitudes, perceptions)

Ritual

- 1: the established form for a ceremony
specifically: *the order of words prescribed for a religious ceremony*
- 2a : ritual observance
specifically: *a system of rites*
- b : a ceremonial act or action
- c : an act or series of acts
regularly repeated in a set precise manner



Merriam-Webster. (n.d.). Ritual. In *Merriam-Webster.com dictionary*. Retrieved from <https://www.merriam-webster.com/dictionary/ritual>



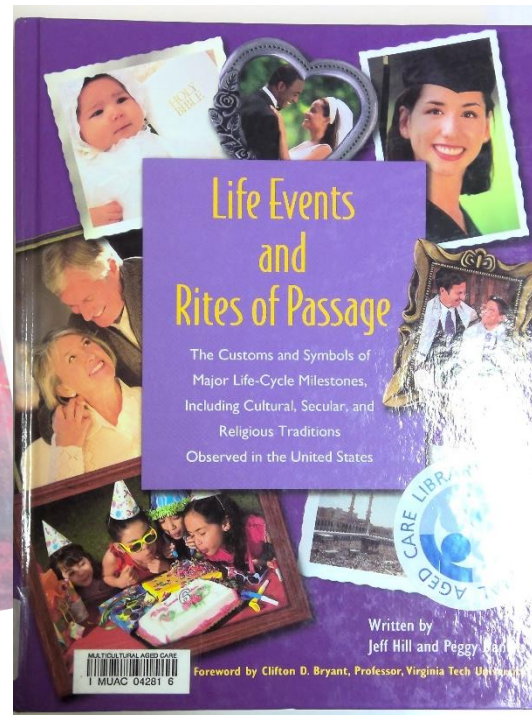
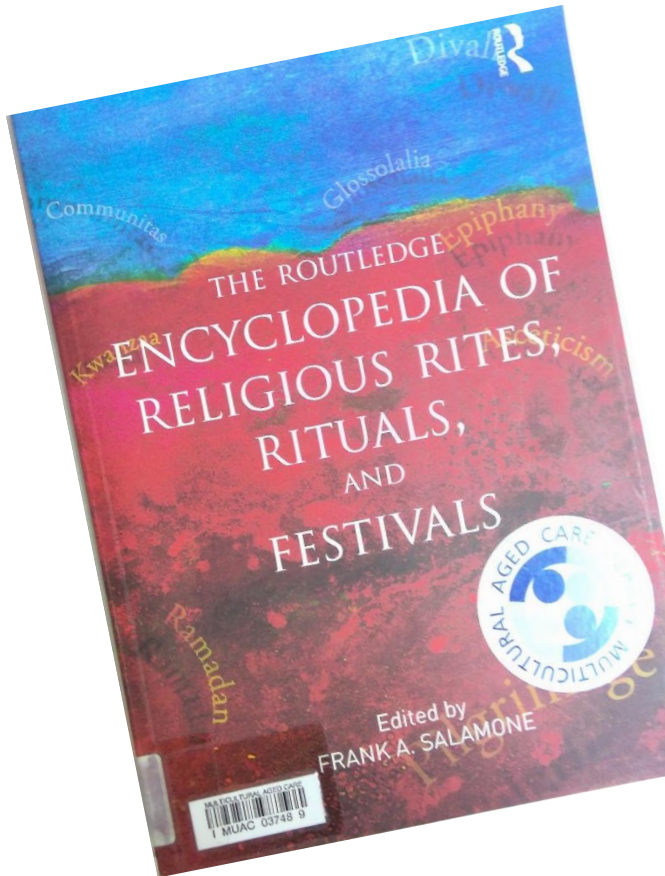
Ritual

- a way of doing something in which the same actions are done in the same way every time:
- *Coffee and the newspaper are part of my morning ritual.*



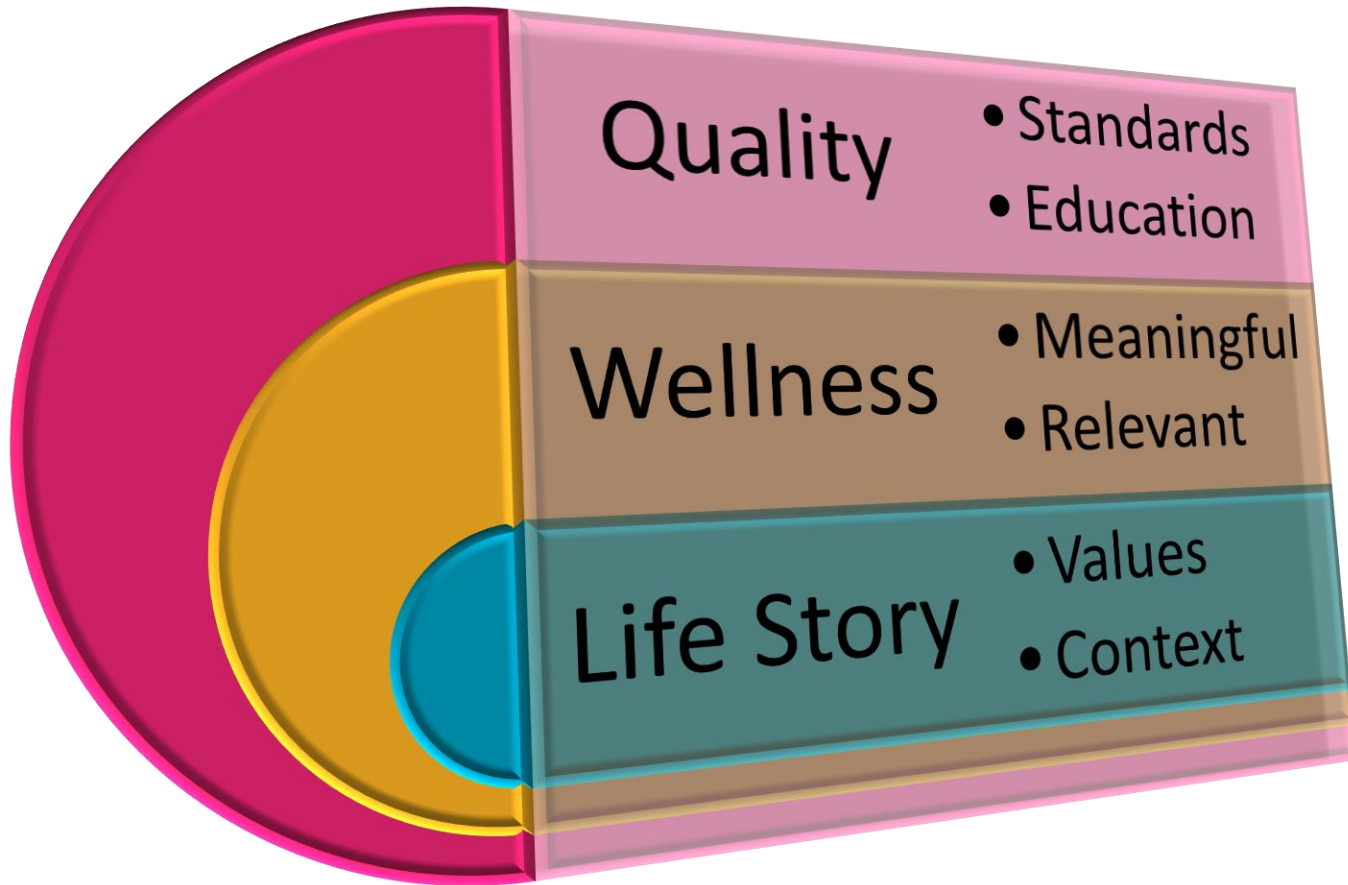
Cambridge Dictionary. (n.d.). Ritual. Retrieved from <https://dictionary.cambridge.org/pl/dictionary/english/ritual>

Rituals and rites





Towards Culturally Appropriate Care



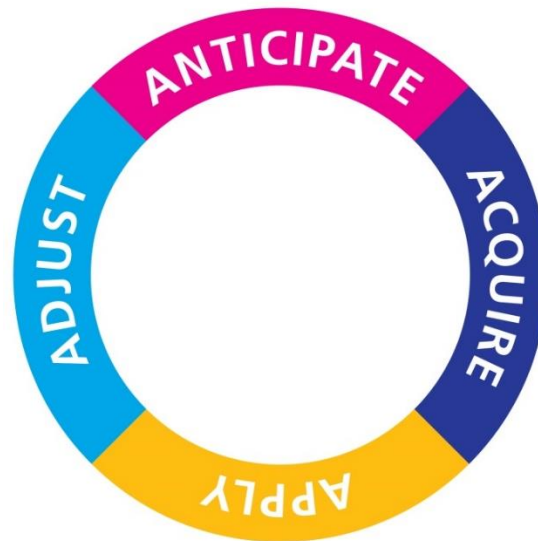


Towards Culturally Appropriate Care

why / what / who / when / where

planning
policies and procedures
processes

feedback collection and analysis
continuous improvement
documentation
information sharing



knowledge
resources
setting
type of activity



Towards

Culturally Appropriate Care

Multicultural Calendar 2022

www.mac.org.au

The calendar displays the following months and their corresponding days:

- January:** Jan 1-31
- February:** Feb 1-28
- March:** Mar 1-31
- April:** Apr 1-30
- May:** May 1-31
- June:** Jun 1-30
- July:** Jul 1-31
- August:** Aug 1-31
- September:** Sep 1-30
- October:** Oct 1-31
- November:** Nov 1-30
- December:** Dec 1-31

Key events and observances include:

- January:** Chinese New Year, Makar Sankranti, Lunar New Year, Thai New Year, Vietnamese New Year, Chinese Lantern Festival, Chinese Valentine's Day, Chinese Mid-Autumn Festival, Chinese New Year's Eve.
- February:** Chinese Valentine's Day, Chinese Mid-Autumn Festival, Chinese New Year's Eve.
- March:** Chinese New Year's Eve, Chinese Valentine's Day, Chinese Mid-Autumn Festival.
- April:** Chinese New Year's Eve, Chinese Valentine's Day, Chinese Mid-Autumn Festival.
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<https://www.mac.org.au/resources/>

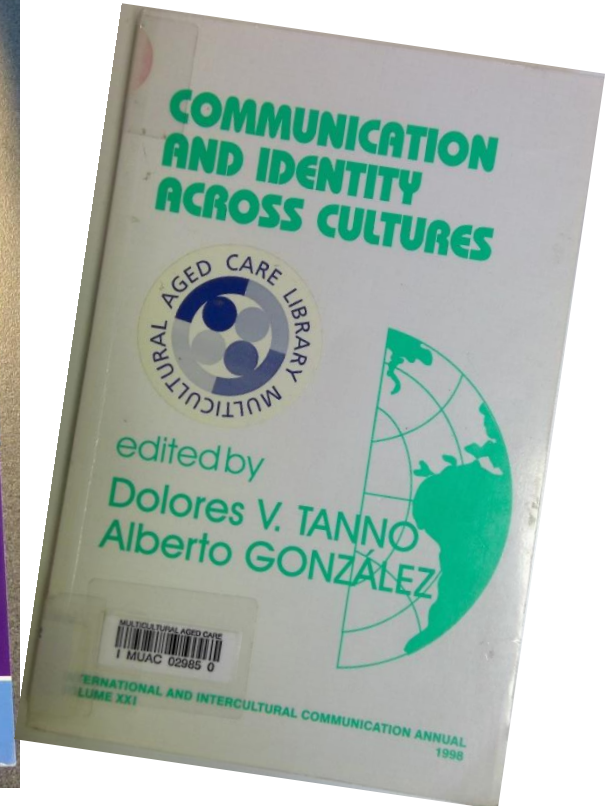
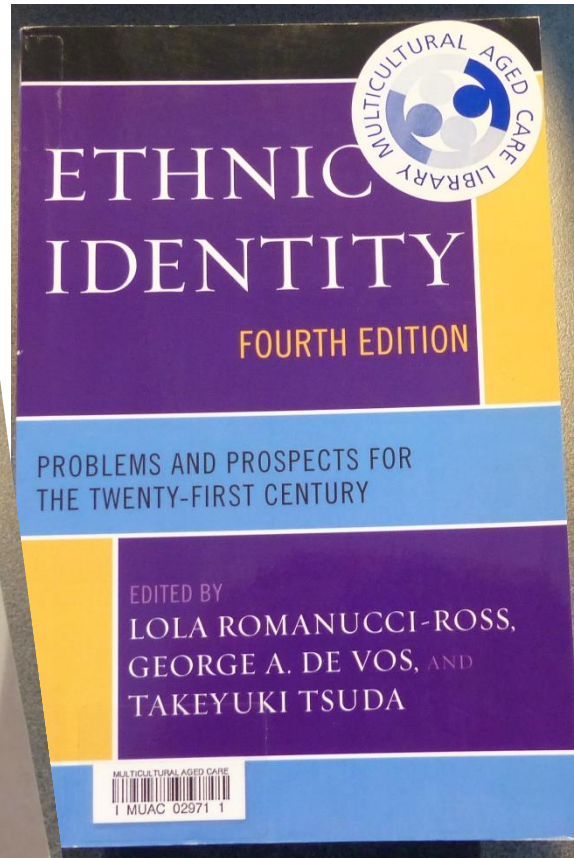
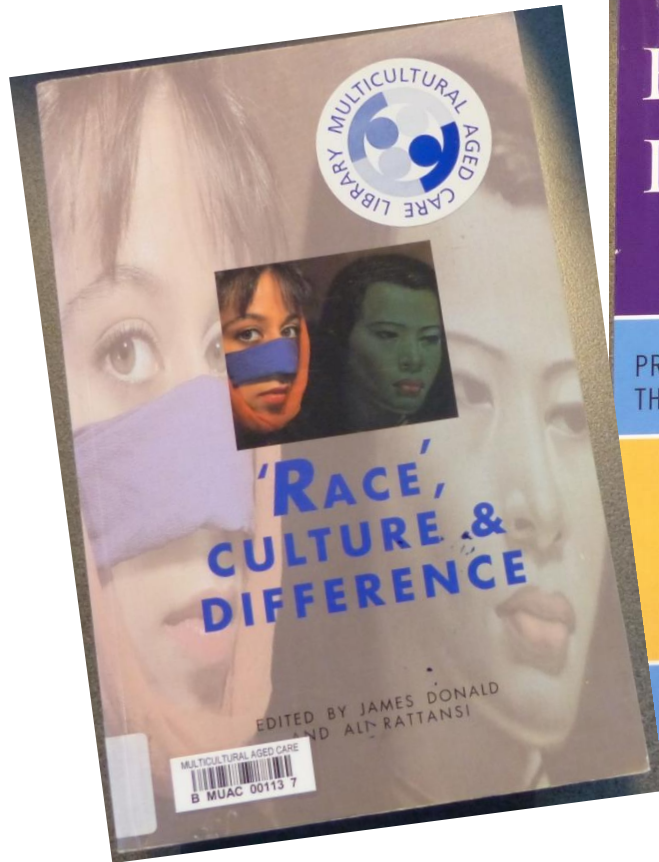


Religious, Spiritual
and Ethical Rituals

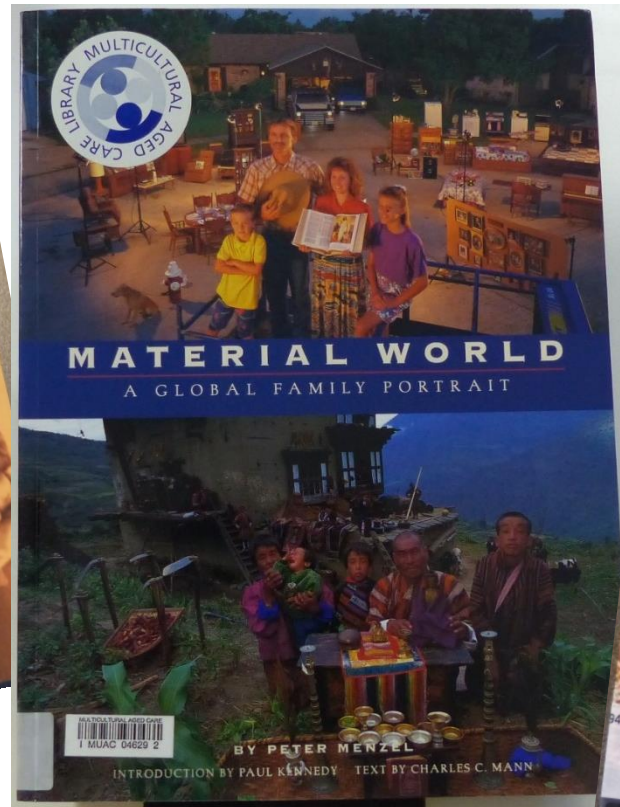
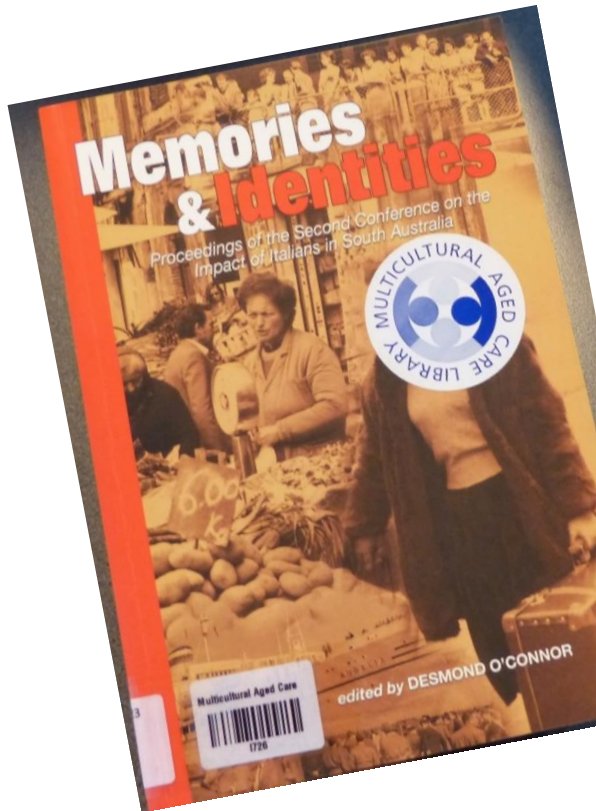
Culture, Values and Attitudes



Culture, Values and Attitudes



Culture, Values and Attitudes



Rituals and rites



Rituals - reminiscence



SIGHT



SOUND



SMELL



TOUCH



TASTE





Rituals – food perspectives



Rituals – family perspectives



Rituals – religion and spirituality



<https://library.mac.org.au/>



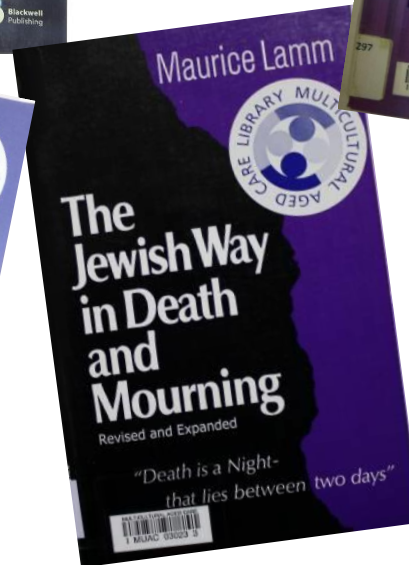
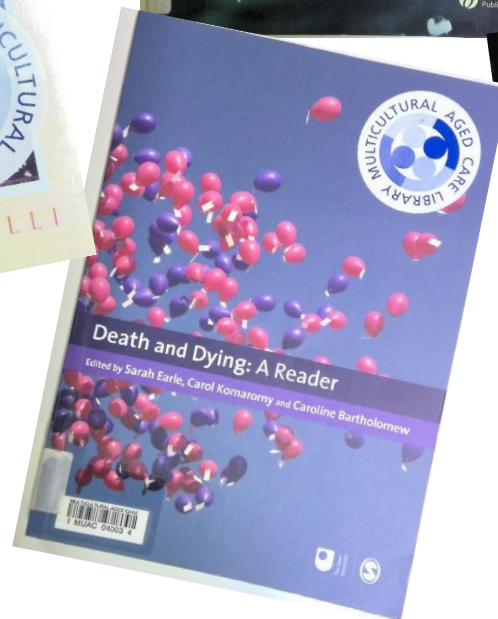
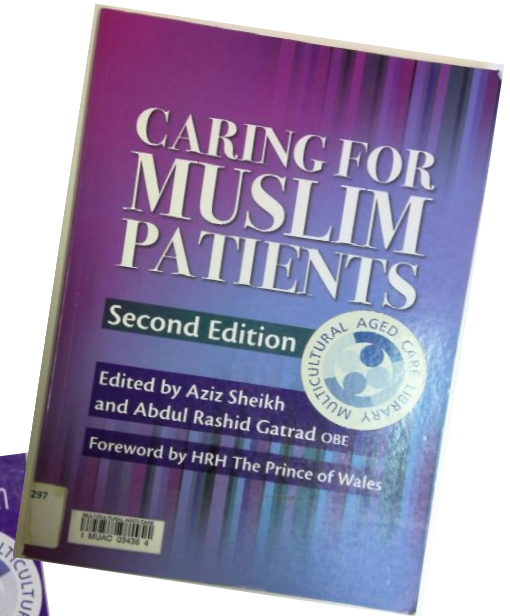
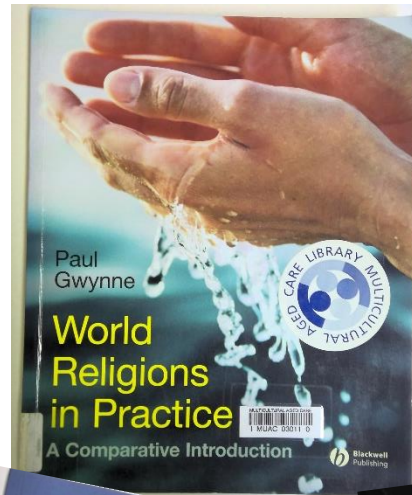
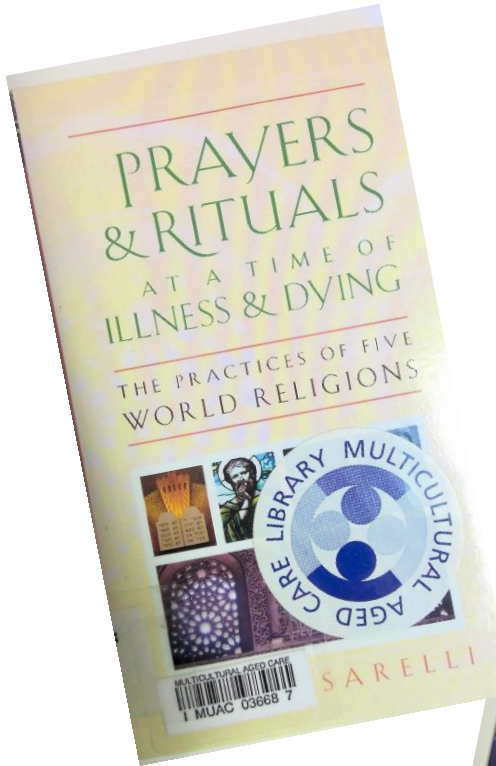
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Religious, Spiritual
and Ethical Rituals

Rituals – religion and spirituality



Rituals – religion and spirituality





Thank you for attending
Let us keep in touch

Come back for more

<https://www.mac.org.au/contact-us/>



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