



Multicultural  
Aged Care

# MAC Symposium: Palliative Care - Living Fully, Caring Deeply.

My aunty: A snapshot of quality of life

8.11.2023

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Centre of Excellence in Cultural Diversity and Inclusion



# Kurna Acknowledgement



Adelaide and its surrounds are nestled within the lands traditionally owned and protected by the Kurna people and their forebears

for many thousands of years.

Throughout the Adelaide Plains, the Kurna people

have performed age-old ceremonies of celebration, initiation and renewal.

In convening this meeting, we take the opportunity

to acknowledge and honour

the Kurna people's traditional ownership of this land, their living culture

and the unique role they have played in the life of this region.

# My aunty Evangelitsa



## Diagnosis

### Corticobasal degeneration

- [Overview](#)
- [Symptoms](#)
- [Diagnosis](#)
- [Treatment](#)

It can be difficult to diagnose corticobasal degeneration (CBD), as there's no single test for it, and the condition can have similar symptoms to a number of others.

A diagnosis of CBD will be based on the pattern of your symptoms. Your doctor will also try to rule out conditions that can cause similar symptoms, such as [Parkinson's disease](#), a [stroke](#), [motor neurone disease](#) and [Alzheimer's disease](#).


Your doctor will need to carry out assessments of your symptoms, as well as other tests and scans.

The diagnosis must be made or confirmed by a consultant with expertise in CBD. This will usually be a neurologist (specialist in conditions affecting the brain and nerves).

Corticobasal degeneration is a **progressive neurological disorder characterized by nerve cell loss and atrophy (shrinkage) of multiple areas of the brain including the cerebral cortex and the basal ganglia.**



In Loving Memory of



**Dimitrios Ntafilis**

Born in Mikro Horio,  
Karpenisi, Greece  
13<sup>th</sup> February, 1936

Passed away in Adelaide, S.A.  
17<sup>th</sup> March, 2021

Aged 85 years  
*Memory Eternal*



My  
uncle  
Jim



Cultural impacts many factors  
associated with palliative care and  
end of life experiences...



## Advance Care Directives



# For more information:

## Contact MAC

*Information, resources and training opportunities*

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