

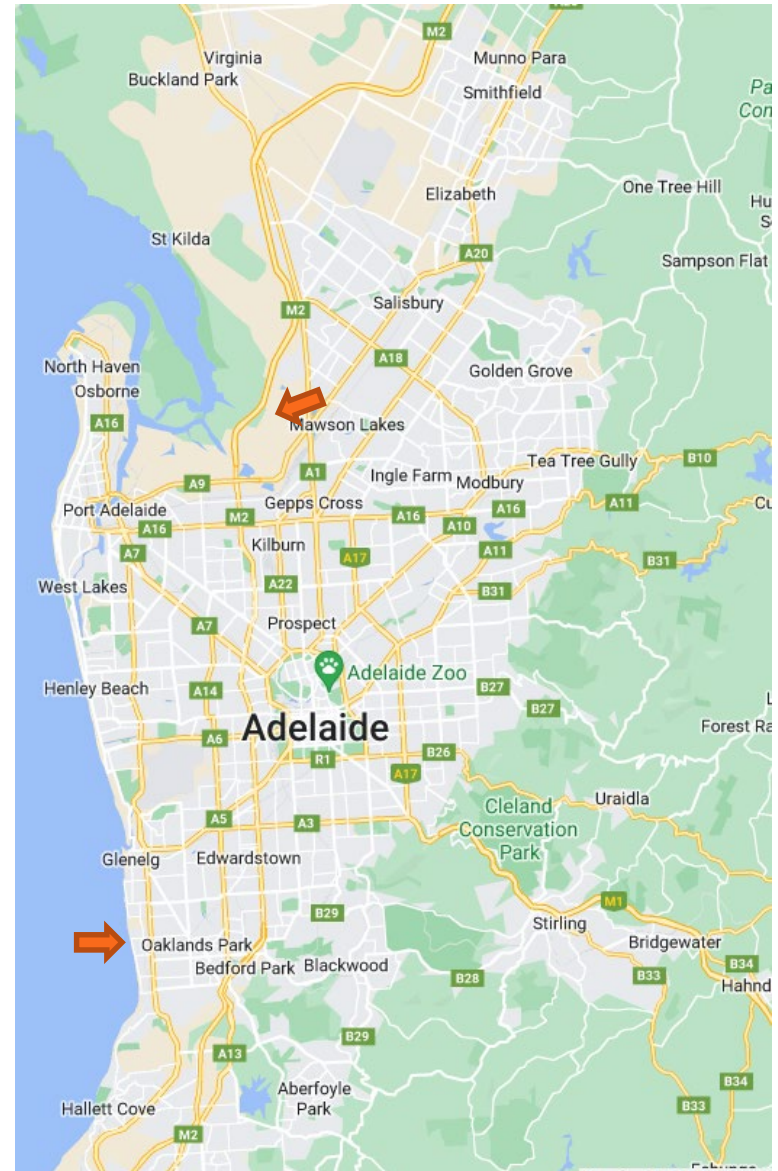


Rembrandt

Deb Dutton, CEO

# Who is Rembrandt?

- Boutique
- Not for profit
- Values-based
- Originally formed for the Dutch community
- Home Care Centre at Greenfields
- RAC at Oaklands Park



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# Point of difference

- GEZELLIG
- Relationship-based personalised service



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# What is palliative care?

Palliative care: Could pass away within 12 months (i.e. all of our residents)

Deteriorating: The resident's health has changed and they could progress to end of life

End of life: Will pass away within hours, days or occasionally weeks



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# End of life care – the Rembrandt way!

1. Individual
2. Talk about death
3. Start at the start (ACDs etc on admission)
4. Focus not just on medical side
5. EOL Declaration (family trolley in room, EOL trolley at door, music, etc)
6. Guard of honour
7. Death Notice in weekly newsletter
8. Memorial Service
9. Tree of Life

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## Outside of medical ...

<b>IMPORTANT THINGS:</b>	Pain free and comfortable. I don't have much family... just my son. My granddaughter has moved interstate
<b>ROOM:</b>	Classical Music and jazz. Please keep my room bright and light.
<b>RELIGIOUS/SPIRITUAL:</b>	No
<b>FOR COMFORT:</b>	Please keep in mind my body is very complex and I have pain
<b>VISITORS:</b>	My family. They know my wishes
<b>GUARD OF HONOUR:</b>	Yes
<b>FOOD &amp; DRINK PREFERENCES</b>	Would love a wine with some cheese
<b>OTHER:</b>	My perfume- I wear the same everyday. I like cotton tops. While I can read I would not like people to read to me.

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# Palliative Care in CALD communities

- Dying is a profound and uniquely individual experience, although the need for comfort, peace, dignity, and the presence of loved ones at the end of life is universal across all cultures.
- Treat everyone as individuals!

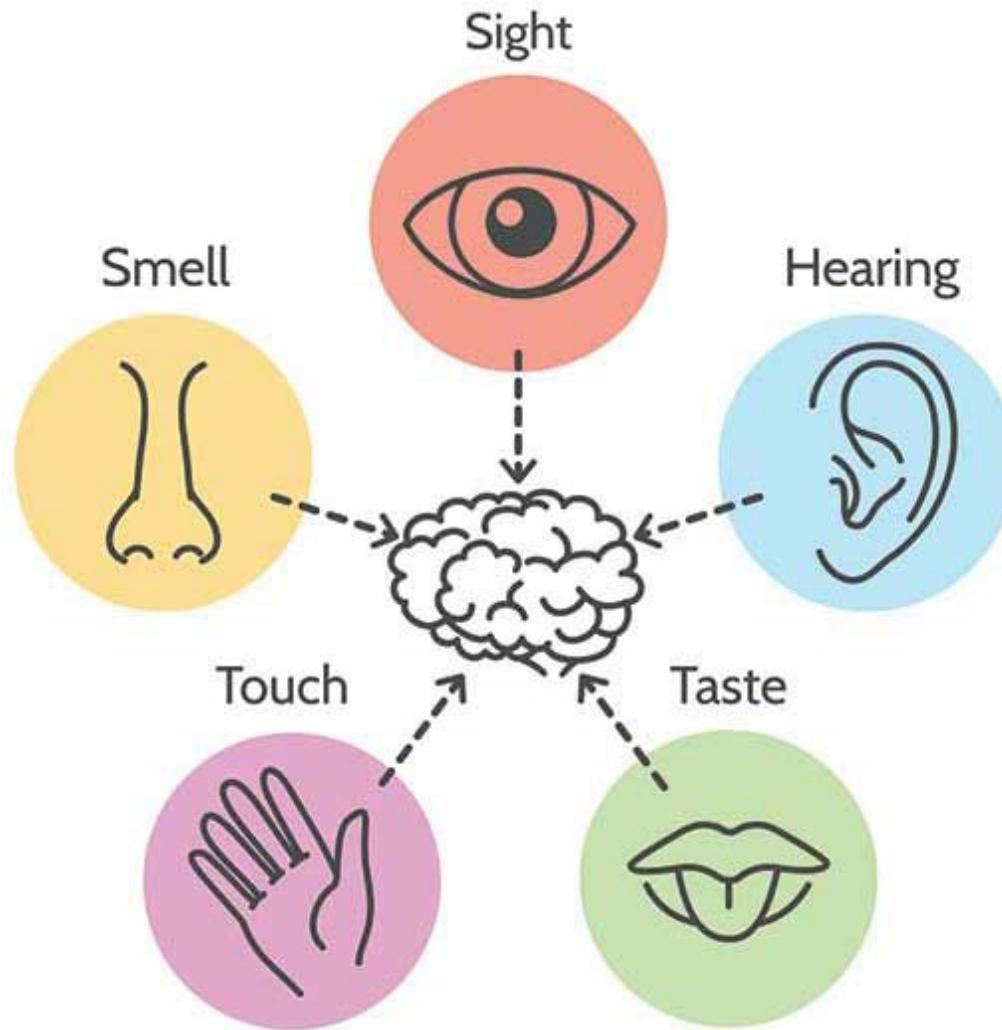
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# Palliative Care & Food, a little story?

There was a lady in the Italian deli on the weekend, a regular customer, she was speaking with the assistant who enquired about her elderly father. The customer said unfortunately he's doing very poorly and we aren't sure how long he will be with us. The deli assistant immediately said you need to get good food in him, give him this and that and he'll be better soon!

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## 5 ways to get information into your brain



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# No matter what, everyone is different!

- In some cultures food plays a significant role in the later stages of life, being able to provide good food to a loved one brings sense of peace and comfort (shows their love) there may even be traditional foods that need to be offered to the dying person.
- While other cultures believe withholding food is important. There is no right or wrong, providers may find it challenging but need to accept that the wishes of the dying person and their loved ones is the main priority.
- Again treat everyone as individuals!

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# Questions



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