

51 things

Nature Play
SA
TURN PLAY INSIDE, OUT.



TO DO BEFORE YOU'RE 12

- 1 Climb a tree
- 2 Sleep under the stars (even in your backyard)
- 3 Fall off a bike
- 4 Learn to swim
- 5 Build a cubby or a tree house
- 6 Find a geocache in your neighbourhood
- 7 Go beach combing after a storm
- 8 Cook damper in a campfire
- 9 Go on a school camp in the bush
- 10 Catch a wave (start with a small one)
- 11 Play chasy in the rain
- 12 Catch a yabby in a dam (or at least have fun trying)
- 13 Make a water slide with builders plastic and a hose (do it on your watering day)
- 14 Find a cave
- 15 Make something with things you find
- 16 Play in a creek
- 17 Do something you're scared of
- 18 Watch kangaroos in the wild
- 19 Slide down a grass hill on cardboard
- 20 Yell "cooeee!" in a gorge or a valley
- 21 Camp on a beach
- 22 Build a sandcastle city
- 23 Skim a stone
- 24 Plant something and watch it grow
- 25 Play spotlight
- 26 Ride your bike on a bush trail
- 27 Visit an island
- 28 Go for a two-day hike
- 29 Snorkel at the beach or on a reef
- 30 Ride a flying fox
- 31 Play under a sprinkler
- 32 Climb a big rock
- 33 Play in the bush for a whole day
- 34 Visit a waterhole
- 35 Meet kids in a park and invent a game
- 36 Paddle a kayak
- 37 Dig for worms in your backyard
- 38 Catch a crab
- 39 Learn the Aboriginal names for five plants and five animals
- 40 Visit a national park
- 41 Catch a fish
- 42 Play on a rope swing
- 43 Eat bush tucker
- 44 Make a kite and fly it
- 45 Jump in a muddy puddle
- 46 Identify the birds in your backyard
- 47 Go abseiling
- 48 Catch a tadpole (and release it)
- 49 Make a mud pie
- 50 Find a lake, puddle, pond etc and use a magnifying glass to spot the creatures in it
- 51 Play beach cricket

Find out why at www.natureplaysa.org.au

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Government of
South Australia