

STUDIO ONE DANCE SCHEDULE 2025/26

*schedule subject to change

Studio 1 Upstairs		Studio 1 Downstairs		Studio 2 Upstairs		Studio 2 Downstairs	
Monday							
4:00-4:45	Grade 3 Acro	4:00-4:45	Grade 4 Jazz A	4:00-4:45	Ele/Inter Hip Hop A	4:00-4:45	Adv 1&2 Broadway Jazz
4:45-5:30	Grade 4 Contemporary	4:45-5:30	Grade 5/6 Tap A	5:00-6:00	Advanced 1&2 Hip Hop A	4:45-5:45	Intermediate Jazz A
5:30-6:15	Grade 5/6 Acro Choreo	5:30-6:15	Grade 3 Ballet A	6:00-6:45	Advanced 1&2 Tap A	5:45-6:45	Elementary Ballet A
6:15-7:00	Grade 4 Acro Choreo	6:15-7:00	Grade 3 Jazz A	6:45-7:30	Ele/Inter Tap A	6:45-7:45	Advanced 1 Lyrical
7:00-8:00	Grade 5 Jazz A	7:00-8:00	Grade 4 Ballet A	7:30-8:15	Advanced 2 Jazz A	7:45-8:30	Turn Technique 12+
8:00-8:45	Grade 6 Jazz A	8:00-8:30	Stretch A	8:15-9:15	Advanced 1 Ballet A	8:30-9:00	Stretch B
Tuesday							
4:00-4:45	Grade 2 Jazz A	4:00-4:45	Primary Ballet A	4:00-5:00	Intermediate Ballet A	4:15-5:15	Elementary Lyrical
4:45-5:30	Grade 2 Acro	4:45-5:30	Grade 1 Ballet A	5:00-6:00	Advanced 2 Ballet A	5:15-6:00	Ele/Inter Acro Tech
5:30-6:00	Pre-Primary Ballet A	5:30-6:00	Primary Hip Hop	6:00-7:00	Adv 1&2 Acro Choreo	6:00-6:45	Elementary Jazz A
6:00-6:45	Grade 2 Ballet A	6:00-6:45	Grade 1 Hip Hop	7:00-7:30	Elementary Contemporary	6:45-7:30	Intermediate Jazz B
6:45-7:30	Junior Boys	6:45-7:30	Pre-Teen Hip Hop	7:30-8:15	Advanced 1 Jazz A	7:30-8:00	Ele. Contemporary
7:30-8:15	Pre-Teen Boys	7:30-8:15	Pre-Teen Jazz	8:15-9:15	Advanced 2 Jazz B	8:00-8:15	Stretch C
8:15-9:00	Teen Boys					8:15-9:15	Advanced 1 Contemp
Wednesday							
4:00-4:45	Junior Ballet	4:00-5:00	Pre-Primary Combo A	4:00-5:00	Advanced 2 Ballet B	4:00-5:00	Ele/Inter Hip Hop B
4:45-5:30	Junior Jazz	5:00-5:45	Grade 1 Acro	5:00-6:00	Advanced 1&2 Pointe	5:00-6:00	Ele/Inter Tap B
5:30-6:15	Acro Level 1	5:45-6:30	Grade 1 Tap A	6:00-7:00	Elementary Ballet B	6:00-7:00	Adv 1&2 Hip Hop B
6:15-7:00	Teen Contemporary	6:30-7:15	Grade 1 Jazz A	7:00-8:00	Intermediate Lyrical	7:00-8:00	Advanced 1&2 Tap B
7:00-7:45	Teen Ballet	7:15-8:00	Pre-Teen Ballet	8:00-8:45	Jumps 12+	8:00-8:45	Ele/Inter Pointe
		8:00-8:45	Pre-Teen Tap				
Thursday							
4:00-4:45	Grade 5 Ballet A	4:00-4:45	Grade 6 Ballet A	4:00-5:00	Advanced 2 Contemporary	4:00-5:00	Intermediate Ballet A
4:45-5:30	Grade 3 Ballet B	4:45-5:30	Grade 5 Jazz B	5:00-6:00	Ele/Inter Acro Choreo	5:00-6:00	Advanced 1 Ballet A
5:30-6:30	Grade 6 Jazz B	5:30-6:30	Grade 3/4 Hip Hop	6:00-7:00	Elementary Jazz	6:00-7:00	Advanced 2 Lyrical
6:30-7:30	Grade 4 Jazz B	6:30-7:30	Grade 5/6 Hip Hop	7:00-7:45	Adv 1&2 Acro Choreo	7:00-7:45	Ele/Inter Broadway Jazz
7:30-8:30	Grade 5/6 Tap B	7:30-8:15	Teen Hip Hop	7:45-8:45	Advanced 1 Jazz	7:45-8:45	Inter Contemporary
8:30-9:00	Grade 6 Pre-Pointe	8:15-9:00	Teen Jazz				
Friday							
4:00-4:45	Grade 2 Jazz B	4:00-4:45	Junior Hip Hop	4:00-5:00	Grade 5/6 Acro Tech	4:00-5:00	Grade 3 Tap
4:45-5:30	Grade 2 Ballet B	4:45-5:30	Junior Tap	5:00-5:45	Grade 3 Jazz B	5:00-5:45	Grade 4 Acro Tech
5:30-6:00	Tiny Tots A	5:30-7:15	Primary Ballet/Jazz/Tap	5:45-6:45	Grade 5/6 Lyrical	5:45-6:45	Grade 4 Tap
6:00-6:45	Grade 2 Hip Hop			6:45-7:45	Grade 6 Ballet	6:45-7:45	Grade 5 Ballet B
6:45-7:30	Grade 2 Tap			7:45-8:45	Grade 5/6 Contemporary	7:45-8:30	Grade 4 Ballet B
Saturday							
9:00-10:00	Pre-Primary Combo B	9:00-9:45	Primary Ballet B				
		9:45-10:15	Dance with Me				
10:00-11:15	Primary Combo B	10:15-11:00	Grade 1 Jazz B				
11:15-12:00	Grade 1 Tap B	11:00-11:30	Tiny Tots B				
12:00-12:45	Junior Musical Theatre	11:30-12:00	Tiny Twos				
12:45-1:30	Senior Musical Theatre	12:00-12:45	Grade 1 Ballet B				