



VIRGINIA PRIMARY OSHC NEWSLETTER

Learning Together, Learning for our Future

CARING, RESPECT, FAIRNESS, ACHIEVEMENT, DIVERSITY

Issue 4 2022

26th October 2022

DATES TO REMEMBER

Pupil Free Day

Friday 02/12/22

Please book in with OSHC

Last day of the term

Friday 19/12/22

Schools finishes at 2:15pm

National Quality Framework

This term we have been focusing
on Quality Area 5

Staffing arrangements

**Area 5
Standard 5.1**

**Relationships between educators and
children- Respectful and equitable
relationships are maintained with each
child**



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Government of South Australia
Department for Education and
Child Development

Dear Parents/ Caregivers

Welcome to a busy term 4 where there will be plenty of activities happening during OSHC. We hope that families had a wonderful two week break and were able to spend some quality down time with one another.

As always we have plenty of activities planned for our families that attend before and after school care this term, but to start with I'd like to share some positive news that we have had from Olga, who is a Child Development Mentor from Connect.Ed. Olga, over the next 8 months she will be mentoring our educators as well as providing training on Understanding Neurobiology of the brain, Introduction to developmental trauma, Understanding children's behaviour training. Not only will OSHC staff be taking part in this training but we have our school staff attending as well. This is a fantastic opportunity for educators to learn and grow while supporting children in our care. Olga also will be around the service engaging with children and staff during her mentoring days. If you see her around please don't hesitate to say hi.

We are looking forward to the upcoming sessions

Vacation Care Program

Vacation Care- Program- Please ensure you keep a copy of the program so you know what days you have booked your child into. Once you have booked your child in weather it was returning the program via email or hand deliver. We will contact you to let you know we have received the booking in form and the days you have been booked in for. If you do not hear from us it means I have not received your email or booking in form. Please make contact with us if this is the case

Facebook

We have a Facebook page. Virginia Primary school OSHC. Please like our page to see the fun and exciting activities the children do here along with excursions, incursions and sporting events. I also post information regarding the service.

Reminder opening times

During Vacation care we open at 7am until 6pm.NT

Regards
Nisha Ahrens

Inside Activities

The OSHC continues to provide children with multiple indoor engaging activities led by both children and educators. Indoors, there are mini activities daily on each table, cooking activities and craft activities run by an educator. Each Wednesday Nelsie plans and engages children in a themed craft activity where each creation is displayed around the OSHC room, and children love seeing their creations celebrated and displayed. On Thursday's Madi also provides children with a themed cooking activity that is prepared and cooked by children and enjoyed at late snack time.

Children continue to enjoy the many indoor activities provided and have quickly become passionate with the new sensory corner in the OSHC room. It has been a great tool for students to concentrate and focus developing their fine motor skills and thinking, as well as helping students regulate emotions.



Outside play

Conner and Kian have taken lead in running sporting activities on both the asphalt and oval providing children with the opportunity to be engaged in active play. The OSHC has also purchased new sporting equipment including, boxing gear, a portable volleyball net, footballs and netballs. It has been fantastic to watch children give it a go trying new sports and developing new skills each day and progressing positively both physically and mentally. The new boxing gloves and pads have quickly become a popular activity as children have quickly learnt new rules and stepping out of their comfort zone!

The OSHC continues to provide other outdoor activities as the weather begins to warm up and children enjoy the outdoors. Children take a liking to the scooter boards, skipping ropes, holla-hoops, mini trampolines and creating amazing drawings with chalk enjoyed by all.



Vacation Care

Throughout the term 3 school holidays, children returned to popular excursion locations around Adelaide as well as new experiences that were loved by children and staff. These included Tree Climb, Funtopia, Bowling and the Cinema to watch *Little Monsters* and *Super Pets*.

Children and staff highlighted a new excursion and incursion including, Mega Fast Cars and Fresh Cooking. At Mega Fast Cars provided each child with the opportunities to race go-carts, bumper cars, arcade games and play laser tag with peers and educators. This allowed children to develop relationships with staff, sharing humour and happiness as well as developing coordination, gross motor and perseverance. Fresh Cooking was an amazing experience where a professional chef came to our kitchen to teach children a quick easy recipe that promotes healthy eating. Fresh Cooking provided all the ingredients for children to prepare and cook a beautiful chicken parmigiana with roasted potato, pumpkin, zucchini and carrots. Children loved the hands-on experience and the satisfaction of eating their hard work – taking tips back home to help in the kitchen. Both are now a child favourite and will definitely be back in future holidays.

Back at OSHC staff led multiple centre programs, cooking, craft and sporting activities. Child favourites included the OSHC fun day where child wore their pyjamas and were engaged in numerous activities and inflatable day where children wore their favourite sporting team/colours to verse each other in giant foosball and race down the inflatable slide. The cooking, craft and sporting activities were run everyday where children were actively engaged developing skills such as fine/gross motor, social development, resilience and respect.



Vacation Care Information – IMPORTANT

On excursion days, it is extremely important all children are at the service 30 minutes before the departure time. If you arrive 5-10 minutes, before the bus is due to leave, then your child may miss out on the excursion. It takes us around 15-20 minutes to organise 50 children and 8 staff to attend an excursion. Once we have called out children's name for the excursion and your child is not present, then we will add a child from the reserve list to come instead. To ensure your child attends the excursion you have booked in for, please make sure your child/ren are at **the service 30 minutes prior to the departure time.** Our excursions book out quite fast, and to ensure that your child does not miss out on their favourite excursion, please make sure you bring your booking form back to us ASAP. Our Virginia Primary School families receive the program one week before we send it out to families from other schools.

We ask for families to read our vacation care program carefully to avoid missing out on important information.

It is important families' book children into OSHC; so that educators know which children are attending sessions. It is also very important that families let the service know if their child/ren are not able to attend the session, to avoid any confusion. There are numerous ways in which to get your message across:

1. Speaking to the OSHC staff directly
2. Ringing the school and informing the front office staff
3. Leaving a message with OSHC staff a staff member.

Staff members are not able to begin programmed activities until the safety of ALL children are confirmed during roll call. If emergency contacts cannot be contacted, then emergency procedures need to be carried out. The service will alert school leadership, who will support the service to contact necessary emergency authorities.

Vacation Care

Please ensure that children attending excursions arrive at least 30 minutes prior to the scheduled departure time, so that numbers can be finalised before leaving. All children are required to bring lunch and recess to Vacation Care. We suggest that children bring their own lunch on excursions because often the canteens at venues, we attend, are understaffed and the menus don't fit our healthy eating range. However, money for snacks

and drinks are permitted and parents will be informed when children will have the opportunity to purchase from excursion venues. If you prefer for staff to look after your child's money, please put it in a labelled wallet, purse or envelope. Often the excursion supervisor will take the money and keep record when the children arrive at Vacation Care. Children who have meat or dairy products in their lunchbox are advised to store them in the fridge at school care or have ice packs in their lunch box.

If children decide to bring belongings from home including electronics and toys we cannot guarantee the safety of their belongings, so please consider this before allowing children to bring them along. Please remember that Virginia Primary School is a sun-smart school and so are we. Please bring hats, apply sunscreen and wear clothing that cover shoulders and knees. We provide sunscreen throughout the day to ensure that the children are being sun safe.

Risk Assessment

Risk assessments are prepared for all excursions. If you would like to see them, please ask staff at the service.

Thank you.

Feedback slip

Please write any comments, suggestions or feedback and return to school care.

Please indicate if you would like a staff member to contact you to discuss this issue:

- Telephone (Please leave contact number) _____
- Email (Please leave email address) _____
- Make an appointment (Please leave contact number) _____